



Loving, Serving, and Transforming Lives!

October 4, 2026

10:00 AM

In-Person & Online Services

NINETEENTH SUNDAY AFTER PENTECOST/WORLD COMMUNION SUNDAY



beloved COMMUNITY

MISSION STATEMENT

Love God and one another, serve our community, and transform lives.

VISION

A radically inclusive community, empowered to spread God's love throughout the world.

BELIEFS

We Believe That:

All are created in the image of God, God loves everyone, and through Christ, He saves, revives, and renews the world, that God, through the Holy Spirit, changes lives, that the church is the body of Christ with a mission, that the Bible is the word of God, that God has gifted everyone and the church for the purposes of God, and that discipleship is a continuing journey.

†† – Those who are Able May stand
AAHH – African American Heritage Hymnal – Yellow Hymnal
UMH – United Methodist Hymnal – Red Hymnal

ORDER OF SERVICE

Welcome & Announcements		Rev. Dr. Ronald Bell, II
++Introit	<i>"I Am the Way, the Truth, and the Life"</i>	Gordon Young
++Gathering Hymn	<i>"When Morning Gilds the Skies"</i>	185 UMH
Morning Prayer		Min. Christian S. Watkins
Prayer Response	<i>"Come Here Jesus, If You Please"</i>	Roland Carter
The Anthem	<i>"Jesus Paid It All"</i>	John Grape arr. Robert Sterling
Scripture Reading	<i>2 Chronicles 7:11-19</i>	Tawana Jackson
Sermonic Selection	<i>"That Name"</i>	Yolanda Adams Dawn Robinson, mezzo-Soprano
Sermon	<i>"Beloved Community"</i>	Rev. Dr. Ronald Bell, II
++Invitation to Discipleship	<i>"Heal the Land"</i>	F.C. Barnes
Holy Communion		Rev. Dr. Ronald Bell, II
Invitation to Give		Robert Corbitt and Darryl Wyles
Offertory Selection	<i>"Wait 'Til the Morning Comes"</i>	V. Michael McKay
++Sending Hymn	<i>"If Jesus Goes with Me"</i>	555 AAHH
++ Benediction		Rev. Dr. Ronald Bell, II
Postlude	<i>"There's Something About that Name"</i>	William Gaither

†† – Those who are Able May stand
AAHH – African American Heritage Hymnal – Yellow Hymnal
UMH – United Methodist Hymnal – Red Hymnal

WORSHIP PARTICIPANTS

Minister of Music/Organist

Everett Williams, Jr.

Music

Everett Williams, Jr., The Asbury Ensemble

Liturgists

Min. Christian S. Watkins, Tawana Jackson,
Robert Corbitt and Darryl Wyles

Trustee On Duty

Ron Anderson

The Great Thanksgiving

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty (Almighty God), creator of heaven and earth. You formed us in your image and breathed into us the breath of life. When we turned away, and our love failed, your love remained steadfast. You delivered us from captivity, made covenant to be our sovereign God, brought us to a land flowing with milk and honey, and set before us the way of life.

And so, with your people on earth and all the company of heaven, we praise your name and join their unending hymn:

Holy, holy, holy Lord, God of power and might,

heaven and earth are full of your glory. Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Holy are you and blessed is your Son Jesus Christ. By the baptism of his suffering, death, and resurrection you gave birth to your Church, delivered us from slavery to sin and death, and made with us a new covenant by water and the Spirit. By your great mercy we have been born anew to a living hope through the resurrection of your Son from the dead and to an inheritance that is Imperishable, undefiled, and unfading.

The Great Thanksgiving Cont.

Once we were no people, but now we are your people, declaring your wonderful deeds in Christ, who called us out of darkness into his marvelous light. When the Lord Jesus ascended, he promised to be with us always, in the power of your Word and Holy Spirit.

On the night in which he gave himself up for us, he took bread, gave thanks to you, broke the bread, gave it to his disciples, and said: "Take, eat; this is my body which is given for you. Do this in remembrance of me."

When the supper was over, he took the cup, gave thanks to you, gave it to his disciples, and said: "Drink from this, all of you, this is my blood of the new covenant, poured out for you and for many for the forgiveness of sins. Do this, as often as you drink it in remembrance of me."

On the day you raised him from the dead, he was recognized by his disciples in the breaking of the bread, and in the power of your Holy Spirit, your Church has continued in the breaking of the bread and the sharing of the cup.

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and thanksgiving, as a holy and living sacrifice, in union with Christ's offering for us, as we proclaim the mystery of faith.

Christ has died; Christ is risen; Christ will come again.

Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine. Make them be for us the body and blood of Christ, that we may be for the world the body of Christ, redeemed by his blood.

By your Spirit make us one with Christ, one with each other, and one in ministry to all the world, until Christ comes in final victory, and we feast at his heavenly banquet. Through your Son Jesus Christ, with the Holy Spirit in your holy Church, all honor and glory is yours, Almighty Father (God), now and forever.

Amen.

THE LORD'S PRAYER

GIVING THE BREAD AND CUP

Pastor: The bread which we break is a sharing in the body of Christ.
(The pastor breaks the bread)

The cup which we give thanks is a sharing in the blood of Christ.
(The pastor lifts the cup)

The body and blood of Christ given for you.

ALL: (All partake of the communion elements together while the Asbury Ensemble sings)

AMEN.



Asbury's Week At A Glance

Sunday, October 4, 2026

9:00 AM All-in-One Sunday School
Ages 4-12, 3rd Floor, Room 208

10:00 AM Worship Service
[In-person and online via Livestream]

Monday, October 5, 2026

3:00 PM Asburyan Deadline

Tuesday, October 6, 2026

11:00 AM Weekly Office Staff Meeting

Wednesday, October 7, 2026

12:00 PM Midweek Intercessory Prayer

Thursday, October 8, 2026

Friday, October 9, 2026

Saturday, October 10, 2026



From The Senior Pastor's Desk | October 2026

Theme: **It's Our Anniversary**



One of the never-ending debates in my house is about birthdays. For me, if a child spends nine months in the womb, then three months after they are born, logically - they should be a year old. For my wife, a year from the day you are born counts as your first year and first birthday. It is a small but fun argument in our house—debating just how “old” someone really is.

Because years mean something.

Years ***lived***, years ***loved***, years ***lost***. Years ***filled with challenges, champions, and changes***. Years ***marked by growth, grief, giving, and grinding***.

Years matter!

So, for Asbury to begin its 190th year this month—190 years of faithful, prophetic ministry and leadership—***IT MATTERS!***

So let us start the celebration...

Let this month be an invitation to welcome and embrace those who have journeyed with us across these 190 years. Let this month be a celebration of those whose faith, sacrifice, prayers, service, and love have brought us thus far. And let this month be a testimony to the God who began a good work 190 years ago and is still faithful to complete it.

It is our anniversary!

And we have 190 years of reasons to celebrate! Amen

Rev. Dr. Ron Bell, II

ASBURY UNITED METHODIST CHURCH
WASHINGTON, DC

**YOU ARE WELCOME
TO WORSHIP WITH US!**
We pray you are uplifted and encouraged.

www.youtube.com/c/AsburyUMCDCNewChannel
www.asburyumcdc.org
 Click WATCH LIVESTREAM
www.facebook.com/asburyumcdc/
 Dial in: (301) 715-8592
 Meeting ID: 861-5564-3955#
 Code: 123456#

CONTACT US

www.asburyumcdc.org



WAYS TO GIVE

1
In Person



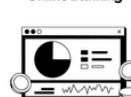
USE AN ENVELOPE OR
WRITE A CHECK

2
Mail



SEND CHECK TO:
ASBURY UMC DC
926 11 STREET, NW
WASHINGTON DC, 20001

3
Online Banking



VISIT OUR WEBSITE
[WWW.ASBURYUMCDC.ORG](https://www.asburyumcdc.org)
SELECT "GIVE"

4
Apps



TEXT "GIVE" TO
202-952-9309

Parking Instructions



Monday - Friday

Asburyans and guests on church business should park in the parking garage and bring the printed parking ticket to be validated in the church office. Park on levels P2 or P3 and take the elevator to the "G" level to exit the building (to the left toward 11th Street). Drivers will scan the front of the ticket (invoice) and then the back (payment). Push the call button if you have any issues, and the LAZ Garage Staff will assist you.

Saturday & Sunday

Parking is available on Saturday and Sunday until 4 pm (unless otherwise noted). Park on levels P2 or P3 and take the elevator to the "G" level to exit the building (to the left toward 11th Street). The church provides parking passes (half sheet paper passes) to use as you exit the garage. **You must give the parking attendant your printed ticket and the parking pass.**



Asbury United Methodist Church is a Lighthouse Congregation of the Baltimore Washington Conference of the United Methodist Church.

HOURS OF OPERATION

Monday to Thursday 8:00 AM — 3:00 PM

Friday 8:00 AM — 1:00 PM [Office Closed]



<HTTPS://WWW.FACEBOOK.COM/ASBURYUMCDC/>

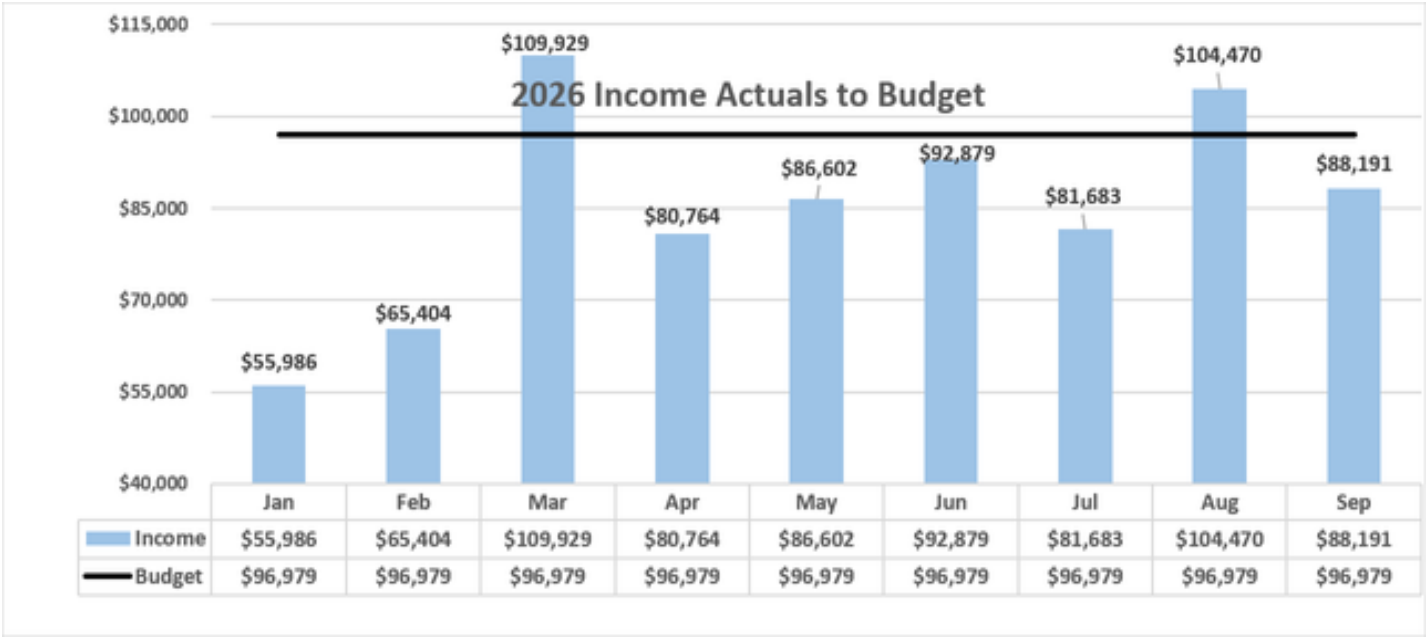


<HTTPS://WWW.ASBURYUMCDC.ORG/>



<HTTP://WWW.YOUTUBE.COM/@ASBURYUMCDCNEWCHANNEL>

The Stewardship of Giving



Faithful Today, Impactful Forever – “Our Future - Paying into Our Past”

Celebrating 190 years of ministry!

Grace and Peace to you,

THANK YOU for your ongoing generosity and faithfulness. For 190 years, God has used Asbury to serve our community and transform lives – the Church in action. Your giving is an act of worship. Your offering is a declaration that you believe in this mission, in this community and in the God who multiplies what we release with open hands.

Let’s continue to worship together.

Faithful today - Impactful forever.

/s/

Robert J. Corbitt, Jr.
Chairperson Committee on Finance

/s/

Darryl Wyles
Stewardship Chairperson



MORGAN STATE UNIVERSITY CHOIR IN CONCERT

JOIN US FOR A JOYFUL EVENING OF WORSHIP AND CELEBRATION!



**SUNDAY,
OCTOBER 4,
2026**

4:00 PM

**ASBURY UNITED METHODIST CHURCH
926 ELEVENTH STREET, N.W.
WASHINGTON, D.C. 20001**

**TICKETS AVAILABLE THROUGH
EVENTBRITE AND IN PERSON
FOLLOWING SUNDAY SERVICE AT
TABLE IN THE NARTHEX**

PRICES:

**ADULTS \$30
STUDENTS \$15**

PARKING AVAILABLE IN THE GARAGE.



UNBOUND: A MOTHER'S LOVE

A DANCE PERFORMANCE
INSPIRED BY TONI MORRISON'S "BELOVED"
FOR BANNED BOOKS WEEK



Asbury Family & Friends:

A warm invitation is extended to everyone to come and experience my upcoming choreographic work, **"Unbound: A Mother's Love"**, inspired by Toni Morrison's **"Beloved"**, and featuring a cast of dancers from the University of Oklahoma's School of Dance. The **free** event will be co-hosted by the DC Public Library during their Banned Books Week.

 **MARTIN LUTHER KING JR. MEMORIAL LIBRARY**
901 G ST NW, WASHINGTON, DC 20001

 **THURSDAY, OCTOBER 8, 2026**

 **REGISTER ONLINE AT**
[HTTPS://DCLIBRARY.LIBNET.INFO/EVENT/17267808](https://dclibrary.libnet.info/event/17267808)
FOR THE 1:00 PM & 7:00 PM SHOWS

"Unbound: A Mother's Love" is the first dance work in a series inspired by banned books. **Choreographed** by Brandye Lee, a native Washingtonian and Assistant Professor of Ballet at the University of Oklahoma, the work draws inspiration from the themes and characters of Toni Morrison's, **"Beloved."** Set to a compelling score by acclaimed Broadway and film composer Kathryn Bostic, whose music for Toni Morrison's "The Pieces I Am" helped illuminate Morrison's life and legacy, "Unbound" responds to the novel's emotional landscape rather than retelling its story, examining the ways love can sustain, haunt, and transform us across generations.

Thanks for your support. I'll be thrilled to see you there, Asbury!

Brandye Lee (*Jeanarta McEachron's Daughter*)

OCTOBER IS PASTOR APPRECIATION MONTH!

We are pleased to have a wonderful ministerial staff, and we encourage you to let them know how much they are loved and appreciated here at Asbury. Throughout the month of October, show them your appreciation with gifts, letters, cards or other forms of gratitude. Let them know how grateful we are for their dedication and leadership to our church family.

Rev. Dr. Ronald Bell, II (1st year anniversary)
Tawana Jackson, Stephen Minister
Minister Christian Watkins
Josephine Akambo (summer intern)

Sunday, October 11, 2026
After 10 am service
Fellowship Hall
Light refreshments will be available.

Special Note:

Special dates in the Bell Family:
Dr. Eboni Bell's Birthday – June 14th
Rev. Bell's Birthday - September 23rd
Rev. and Dr. Bells' Wedding Anniversary – September 26th
Ronald III's Birthday - September 26th
David's Birthday – December 8th



Dear Brothers and Sisters in Christ,
Words cannot fully express my gratitude for the many acts
of kindness shown to me

during my recent surgery and ongoing recovery.

Thank you for your thoughtful cards, phone calls, text
messages, emails, and visits. Your generosity, love, and
support has touched my heart and added healing to my
soul.

I am deeply grateful for your prayers and concern.
May God richly bless you in all your ways.

Brenda Reid-Sanders

Football & Fellowship

The 4th Sunday of Each Month
(September – December)

NFL game @1:00 PM
in the Fellowship Hall

All Are Welcome



Refreshments Will Be Served

FELLOWSHIP
HALL



CHURCH CONFERENCE

AFTER 10 AM SERVICE

 **SUNDAY NOVEMBER 8, 2026**

PLEASE ATTEND AND PARTICIPATE IN THIS YEAR'S MEETING.
HEAR ABOUT OUR ACCOMPLISHMENTS THIS YEAR.

COMPLETE CHURCH BUSINESS REQUIRING YOUR VOTE,
AND SET GOALS FOR THE UPCOMING YEAR.

C L E R G Y & L A I T Y

PLEASE NOTE

Bishop LaTrelle Easterling will gather with Clergy and Laity across the Baltimore-Washington Conference in October for three evenings of sharing, conversation and connection. As the Conference continues to live into its new district structure and build relationships within and across our six districts, all are encouraged to take part in their district gathering:

Tidal Basin & Two Rivers:

 **Tuesday, October 6, 2026**

 **7:00 PM - 9:00 PM**

 **Gethsemane UMC**

910 Addison Rd S, Capitol Heights, MD 20743

IGNITE

Youth Weekend Retreat



2027 THEME —
"God's call is
Personal, Powerful,
and Purposeful"

JANUARY 22-24, 2027
Ocean City, Maryland



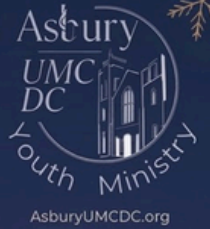
IGNITE for the Youth — A holistic, transformative experience for young people that includes fellowship, worship, learning, and service components.

Please RSVP by 5 December to ensure tickets and rooms are secured by contacting the below:

Sarita Copeland (202) 302-9632 saritamasing13@gmail.com
Chance Humbard (301) 751-7178 chance.a.humbard@gmail.com

<https://www.igniteforyouth.com>

Annual Holiday Tree Lighting Celebration



NOVEMBER 28, 2026 / 5PM - 7PM
THE PARK AT CITY CENTER

Join our Young Adults, Youth, and Children's Ministries as we bring in the Holiday Season in our community.

- Live Performances
- Face Paintings
- Balloon Artists
- Holiday Treats
- and more!

RSVP with Ms. Vanessa Williford:

(202) 628-0010
williford_v@hotmail.com



FOURTH ANNUAL YOUTH MINISTRY FOOD PANTRY

Community Thanksgiving Bags
9AM - 12PM | 21 NOVEMBER 2026



JOIN OUR MINISTRIES AS WE
SERVE THE LOCAL COMMUNITY
AND EARN SOME COMMUNITY
SERVICE HOURS



RSVP with Sarita or Chance

Sarita: (202) 302-9632 | Chance: (301) 751-1178
926 11th St NW, Washington, DC 20001

A generous person will prosper, whoever refreshes others will be (Proverbs)

CHILDREN'S PAINTING PARTY

**PAINT REUSABLE GROCERY TOTE BAGS
DONATED TO ASBURY'S FOOD PANTRY.
THANKSGIVING MEAL GIVEAWAY WILL BE
DISTRIBUTED IN THE PAINTED BAGS**



SATURDAY, OCTOBER 17, 2026
11:00 A.M. - 2:00 P.M.

Asbury United Methodist Church
926 11th Street NW
Washington, DC 20001
3rd Floor, Room 2-9

For more information contact V. Williford at williford_v@hotmail.com
CHILDREN & FAMILY MINISTRY serving the community

www.asburyumcdc.com



Dental Symptoms You Should Never Ignore

Our teeth can often provide subtle signs that we are tempted to ignore. But, these seemingly minor symptoms may be important indicators of poor oral health. Left untreated, they can progress into serious issues that are more difficult and expensive to treat. Some oral symptoms may even indicate health problems elsewhere in the body. Knowing which signs deserve prompt attention can help protect your oral health and prevent unnecessary complications.

Pain:

Dentists say there is no level of tooth pain that should be considered normal. Dental pain is most often a sign of tooth decay. When the bacteria in your mouth mix with food particles and saliva, they form a sticky film (plaque) on the teeth. Once this plaque covers your teeth, the bacteria produce acids that eat away at the hard surface of the teeth or enamel. Over time, this can lead to a cavity or hole in your tooth. Pain results as the cavity enlarges and reaches the inner layers of the tooth. If the cavity reaches the root, an infection can develop and cause severe pain in the mouth, face, neck and even the underlying bone. If you have pain, you likely have an infection that needs to be addressed.

Swollen or bleeding gums:

Most commonly, swollen or bleeding gums signal gingivitis, or inflammation in your gums. The swelling is your immune system's attempt to ward off infection in response to plaque buildup. If symptoms last more than two weeks, a dental visit is in order. Plaque can harden into tartar, which requires special dental tools to remove. Left unchecked, gingivitis can progress to more severe gum disease known as periodontitis. In this condition, the gums pull away from the teeth and develop pockets where bacteria accumulate, leading to more swelling, tooth pain and sensitivity.

Untreated gum disease has also been associated with serious systemic health issues. The inflammatory response that leads to swollen gums may also be linked to conditions like heart disease and stroke. In addition, persistent bleeding gums may be tied to diabetes or a bleeding disorder.

Bad breath or bad taste in your mouth:

While we expect certain foods or medicines to leave a bad taste in our mouths, a persistent foul odor or taste may indicate an infection. In some cases, the infection may develop a small pathway near the affected gum or tooth, allowing pus to escape rather than build up and cause pain or swelling. The infected fluid is released through a small pimple or bubble along the gumline, which often goes unnoticed. Bad breath may also result from a dry mouth, which is a common side effect of some blood pressure medications, antidepressants and GLP-1s.

Tooth sensitivity:

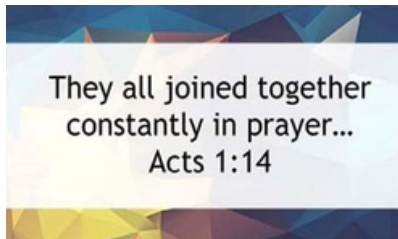
Occasional tooth sensitivity can be normal, but sudden or worsening sensitivity may signify a serious problem. A cracked tooth, exposed roots, damaged fillings, and other dental issues can all cause heightened sensitivity. These changes often suggest you need a dental evaluation before the condition progresses further.

What can I do?

For routine dental hygiene, dentists recommend:

- Brush twice daily with a fluoride toothpaste
- Clean between your teeth with floss or other interdental cleaners
- Use fluoridated drinking water and mouth rinse
- Limit sugary drinks and foods

See your dentist for routine exams every six months. Your dentist may notice a problem early, before it causes symptoms and when it is easier to treat. If you do notice any concerning symptoms, see your dentist as soon as you can. Don't wait.



ASBURY UNITED METHODIST CHURCH

Care and Concern List

October 2026

When you care for others, you are caring for Christ.

If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land. (2 Chronicles 7:14)

WASHINGTON, DC RESIDENCE

Northwest

- ♥ Lisa Duperier
- ♥ Renee Huggen

Northeast



Southwest



Southeast



WASHINGTON, DC NURSING HOMES, HOSPITALS & ASSISTED LIVING

- ♥ Gertrude Barnette, Lisner Louise Dickson Hurt Home, 5425 Western Ave NW, Washington, DC 20015
- ♥ Timmie Bouknight, Serenity Rehabilitation & Health Center, 1380 Southern Ave., Rm 319B, SE, DC 20032
- ♥ Mildred Robinson, Forest Hills Assisted Living, 4901 Connecticut Ave., NW, Rm 212, Washington, DC 20008

MARYLAND RESIDENCE



♥ Lina Reynolds

♥ Andrewlette Thompson

MARYLAND NURSING HOMES, HOSPITALS & ASSISTED LIVING

- ♥ Barbara Collins, Grand Oaks Assisted Living, 5901 MacArthur Blvd NW, Apt #402, Washington, DC 20016
- ♥ Elisha Davies, Regency Rehab Center, 9101 Second Avenue, Silver Spring, MD 20910
- ♥ Lorraine Hightower, Independence Court of Hyattsville, 5821 Queens Chapel Road, Hyattsville, MD 20782
- ♥ Lillian Langford, Collington, 10450 Lottsford Rd., Mitchellville, MD 20721
- ♥ Alice Owens, 304 West Cedar Street, Franklin, KY 42134
- ♥ Floyd Robinson, Arbor Terrace Senior Living, 9885 Greenbelt Road, 322, Greenbelt, MD 20706
- ♥ Zelma Solomon, Grace House Assisted Living, 3214 Norbeck Rd, Silver Spring, MD 20906

NURSING HOMES, HOSPITALS & ASSISTED LIVING

- ♥ Maryland Ellison, c/o Vanessa Burnett, 100 Asch Loop, Apt. 22F, Bronx, New York 10475
- ♥ Dorothy West, 8804 South North Shore Drive, Apt. 230/232, Knoxville, TN 37923

UPCOMING EVENTS 2026



OCTOBER 4TH

MORGAN STATE UNIVERSITY CHOIR IN CONCERT @ ASBURY

OCTOBER 8TH

UNBOUND: A MOTHER'S LOVE, DC PUBLIC LIBRARY: 2 SHOWS (1:00 PM & 7:00 PM)

OCTOBER 11TH

PASTOR APPRECIATION DAY

OCTOBER 18TH

LAITY SUNDAY

NOVEMBER 24TH

COMMUNITY THANKSGIVING "BAGSKET" DISTRIBUTION DAY: 11:30AM - 1:00PM

FOOD PANTRY DISTRIBUTION DAY

EVERY 3RD SATURDAY OF THE MONTH: 9:00AM - 12 NOON

SUNDAYS

SUNDAY SCHOOL CLASSES AT 9:00 AM FOR ALL AGES

NEIGHBOR TO NEIGHBOR (N2N) 4TH SUNDAY OUTREACH

EVERY 4TH SUNDAY FROM 9:00AM -10:30AM

GETTING AROUND

- There is an elevator in the Education Building that accesses all levels of the church—the sanctuary, the fellowship hall, and all the Sunday School rooms.
- Free parking is available Sundays in the garage adjacent to our 11th Street entrance. Pick up a parking pass from the 11th Street reception desk.
- Restrooms are on the lower level on either side of the narthex and on the 2nd and 3rd floors.

UPPER ROOM - DAILY READINGS

DATE	SCRIPTURE
SUNDAY OCTOBER 4, 2026	PSALM 27: 7-14
MONDAY OCTOBER 5, 2026	PSALM 91: 1-8
TUESDAY OCTOBER 6, 2026	JOHN 14: 1-7
WEDNESDAY OCTOBER 7, 2026	PSALM 66: 16-20
THURSDAY OCTOBER 8, 2026	JOHN 15: 1-8
FRIDAY OCTOBER 9, 2026	JAMES 3: 2-12
SATURDAY OCTOBER 10, 2026	EPHESIANS 4: 7-13



ASBURY UNITED METHODIST CHURCH

Rev. Dr. Ronald Bell, II., Lead Pastor

Everett P. Williams, Jr., Minister of Music

Tawana C. Jackson, Stephen Minister

Monica McEaddy & Patrick Wilkerson, Lay Leaders

Rev. Dr. Johnsie Cogman, District Superintendent

Bishop LaTrelle Miller Easterling, Episcopal Leader of the Baltimore-Washington Conference

Visit asburyumcdc.org for information about our ministries.

Find us on Facebook and Twitter.