



*Loving, Serving, and Transforming Lives!*

**March 22, 2026**

10:00 AM

In-Person & Online Services

## Fifth Sunday In *Lent*



### **MISSION STATEMENT**

Love God and one another, serve our community, and transform lives.

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### **VISION**

A radically inclusive community, empowered to spread God's love throughout the world.

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### **BELIEFS**

**We Believe That:**

All are created in the image of God, God loves everyone, and through Christ, He saves, revives, and renews the world, that God, through the Holy Spirit, changes lives, that the church is the body of Christ with a mission, that the Bible is the word of God, that God has gifted everyone and the church for the purposes of God, and that discipleship is a continuing journey.

†† – *Those who are Able May stand*  
**AAHH** – African American Heritage Hymnal – Yellow Hymnal  
**UMH** – United Methodist Hymnal – Red Hymnal

<b>Welcome &amp; Announcements</b>		Rev. Dr. Ronald Bell, II
<b>++ Gathering Hymn</b>	<i>"We Are Climbing Jacob's Ladder"</i>	464 AAHH
<b>Morning Prayer</b>		Bryana Zavala
<b>Prayer Response</b>	<i>"Lord, I Want to Be a Christian"</i>	463 AAHH
<b>Scripture Reading</b>	<i>Psalm 130</i> <i>Romans 8:6-11</i> <i>John 11:1-45</i>	Aiden Campbell DuVal Harrell DuVal Harrell
<b>Sermonic Selection</b>	<i>"There Is a Balm in Gilead"</i>	arr. Mark Hayes Lysle Follette ( <b>Baritone</b> )
<b>Sermon</b>	<i>"Raised to Resist"</i>	Min. Christian S. Watkins
<b>++ Invitation to Discipleship</b>	<i>"Lead Me, Guide Me"</i>	474 AAHH
<b>Invitation to Give</b>		Chiamaka Iheoma
<b>++ Offertory Selection</b>	<i>"I Don't Feel No Ways Tired"</i>	H.T. Burleigh Lysle Follette ( <b>Baritone</b> )
<b>++ Sending Hymn</b>	<i>"This Little Light of Mine"</i>	549 AAHH
<b>Benediction</b>		Rev. Dr. Ronald Bell, II
<b>Postlude</b>	<i>"Spirit Song"</i>	John Wimber
<b><u>WORSHIP PARTICIPANTS</u></b>		
<b>Minister of Music</b>		Everett Williams, Jr.
<b>Music</b>		Everett Williams, Jr.; Lysle Follette ( <b>Baritone</b> )
<b>Liturgists</b>		Bryana Zavala, Aiden Campbell, DuVal Harrell, Chiamaka Iheoma
<b>Trustee On Duty</b>		Willie Clark

# Asbury's Week At A Glance

Sunday, March 22, 2026

## Sunday, March 22, 2026

- 9:00 AM**                      **All-in-One Sunday School**  
Ages 4-12, 3rd Floor, Room 208
- 10:00 AM**                      **Worship Service**  
[In-person and online via Livestream]

## Monday, March 23, 2026

- 3:00 PM**                      **Asburyan Deadline**
- 7:00 PM**                      **Small Group Bible Study**  
**Adrienne Neal**  
Zoom [Link](#): Dial In: 312-626-6799  
Meeting ID: 841 7757 8283  
Passcode: 768211

## Tuesday, March 24, 2026

- 11:00 AM**                      **Weekly Office Staff Meeting**
- 9:00 AM**                      **Small Group Bible Study**  
**Dr. Shopshire**  
Zoom [Link](#): Dial In: 312-626-6799  
Meeting ID: 841 7757 8283  
Passcode: 768211
- 7:00 PM**                      **Small Group Bible Study**  
**Robert Mallett**  
Zoom [Link](#): Dial In: 312-626-6799  
Meeting ID: 841 7757 8283  
Passcode: 768211

## Wednesday, March 25, 2026

- 12:00 PM**                      **Midweek Intercessory Prayer**  
Prayer Ministry
- 6:00 PM**                      **Small Group Bible Study**  
**Rev. Ronald Bell, II**  
Zoom [Link](#): Dial In: 312-626-6799  
Meeting ID: 841 7757 8283  
Passcode: 768211

## Thursday, March 26, 2026

- 1:00 PM**                      **Small Group Bible Study**  
**Brenda Reid-Sanders**  
Zoom [Link](#): Dial In: 312-626-6799  
Meeting ID: 841 7757 828  
Passcode: 768211
- 5:30 PM**                      **Small Group Bible Study**  
**Bryana Zavala**  
Zoom [Link](#): Dial In: 312-626-6799  
Meeting ID: 841 7757 8283  
Passcode: 768211

## Friday, March 27, 2026

- 1:00 PM**                      **Small Group Bible Study**  
**Tawana Jackson**  
Zoom [Link](#): Dial In: 312-626-6799  
Meeting ID: 841 7757 8283  
Passcode: 768211

- 1:00 PM**                      **Small Group Bible Study**  
**Clyde Nelson**  
Zoom [Link](#): Dial In: 312-626-6799  
Meeting ID: 841 7757 8283  
Passcode: 768211

### From The Senior Pastor's Desk | March 2026

#### Word for the Month: The Gift of Lent



Grace and peace to you!

Can we talk about 40 days and 40 nights?

While that language is directly connected to Jesus's wilderness experience in the Gospel of Matthew 4:1-2, it also becomes the model upon which the season of Lent is built. Lent operates like a wilderness. It is a sacred interruption, a time meant to help us shed the external, unnecessary, and trivial distractions that keep us distant from ourselves and, sometimes, distant from God.

It is a season set aside to quiet the noise of life so we can hear again the whisper of God. Not the thunder. Not the earthquake. But the **whisper**.

The thing I love most about the framing of forty days and forty nights is something I learned from all my traveling. If you stay in a hotel and ask for forty days and forty nights, you are actually paying for forty-one days. They charge you for that last night. That final night completes the circle. You don't leave at midnight. You leave in the morning. You leave when the night has done its work.

And so, whatever you carry with you into this Lenten season, know that when the season is over, when it has ended, when **we learn to leave "it" there**, it will literally be a brand-new day.

That is the gift of



# Parking Instructions



## Monday - Friday

Asburyans and guests on church business should park in the parking garage and bring the printed parking ticket to be validated in the church office. Park on levels P2 or P3 and take the elevator to the "G" level to exit the building (to the left toward 11th Street). Drivers will scan the front of the ticket (invoice) and then the back (payment). Push the call button if you have any issues, and the LAZ Garage Staff will assist you.

## Saturday & Sunday

Parking is available on Saturday and Sunday until 4 pm (unless otherwise noted). Park on levels P2 or P3 and take the elevator to the "G" level to exit the building (to the left toward 11th Street). The church provides parking passes (half sheet paper passes) to use as you exit the garage. **You must give the parking attendant your printed ticket and the parking pass.**



Asbury United Methodist Church is a Lighthouse Congregation of the Baltimore Washington Conference of the United Methodist Church.

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## HOURS OF OPERATION

Monday to Thursday 8:00 AM — 3:00 PM

Friday 8:00 AM — 1:00 PM [Office Closed]

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[HTTPS://WWW.FACEBOOK.COM/ASBURYUMCDC/](https://www.facebook.com/asburyumcdc/)



[HTTPS://WWW.ASBURYUMCDC.ORG/](https://www.asburyumcdc.org/)



[HTTP://WWW.YOUTUBE.COM/@ASBURYUMCDCNEWCHANNEL](http://www.youtube.com/@asburyumcdcnewchannel)

## Monthly Highlight Focus on The Stewardship of Giving Neighbor to Neighbor Outreach Ministry ~ Jeanarta McEachron

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Faithful giving is the heartbeat that sustains the 4th Sunday Neighbor to Neighbor Outreach Ministry at Asbury United Methodist Church. Because of consistent generosity, we are able to provide nourishing meals, essential toiletries, and warm clothing during the winter months; and compassionate medical care to nearly 100 of our underserved and unhoused neighbors each month. Ongoing financial support ensures that this decades-long ministry not only continues, but expands its reach—sharing tangible resources, spiritual encouragement, and the transforming love of Christ with every neighbor we serve.





# HOLY WEEK



## Holy Week

### SERVICES & EVENTS

**MAR.  
29**

#### **PALM SUNDAY**

*Palm Sunday Service*

**10:00 AM**

**SANCTUARY**

*Children's Parade of Palms*

**12:00 PM**

**IN FRONT OF THE CHURCH ON K STREET**

**APR.  
3**

#### **GOOD FRIDAY**

*Good Friday Service*

**12:00 PM**

**SANCTUARY**

**APR.  
5**

#### **EASTER SUNDAY**

*Community Sunrise Breakfast Worship Service*

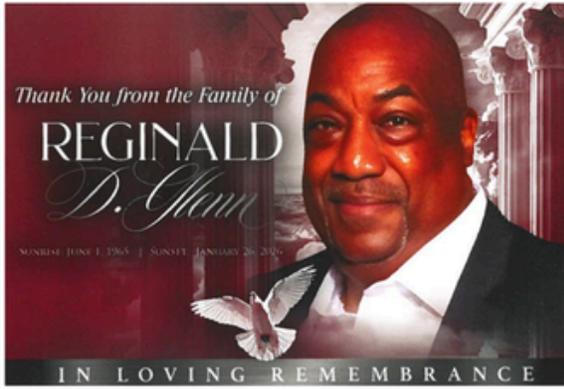
**7:30 - 9:00 AM**

**FELLOWSHIP HALL**

*Resurrection Celebration*

**10:00 AM**

**SANCTUARY**



The Family of

*Reginald D. Glenn*

Gratefully acknowledges your expressions of soothing words of comfort, love, kindness, and support during our time of bereavement.

*Thank You!*



**Asbury United Methodist Church Annual Lilies Dedication**

Orders for lilies to be placed in the sanctuary for Easter Sunday, April 5, 2026 are being accepted by:

**Pat Crudup: pacrudup@gmail.com | 202-215-9622**

**OR**

**Judith Roberts: judy823@aol.com | 202-528-2889**

The cost for each lily is **\$20.00**.

The deadline for submitting forms and money will be **Sunday, March 29, 2026**.



**Parade of Palms**

**LIVE DONKEY**

**Holy Week Begins...  
March 29th at NOON**

Starting in front of the church on K Street



**Sunday School 9:00AM**  
Breakfast  
Music Lesson  
Craft Prep for Parade

**ASBURY UNITED METHODIST CHURCH**  
926 11th St., NW, Washington DC 20001  
Sunday School Department and Children & Family Ministry  
For information or how to participate contact:  
P. Blackman pab3@erols.com ;  
G. McFadden glostar1@comcast.net; or  
V. Williford williford\_v@hotmail.com



**Youth Ministry Highlights - Upcoming March Youth Events**

**Let's Show Up, Show Out, and Support Our Youth!**

**March 19 - 22, 2026 -- Cheyenne Osley Competes in NYC**

Cellist and Duke Ellington School Of the Arts High School Senior, **Cheyenne Osley**, will be competing in The World Strides Heritage Festival Competition in New York City. Please support Cheyenne with your well wishes and prayers. Also, she is currently fundraising money for herself and other D.C. students to attend the competition. Donations can be made at <https://givebuter.com/duke/MPG/cheyenneosley>



**March 20 - 22, 2026 -- Ignite Youth Retreat**

The Youth Ministry will take five (5) youth members to attend Ignite, the Youth Spiritual Weekend Retreat in Ocean City, Maryland. Ignite is a transformative, high-energy experience for youth to fellowship, worship, and workshop with thousands of other youth of our region. <https://www.igniteforyouth.com/about>



**March 26-28, 2026 -- Alejandra Singh as Taylor**

**Alejandra Singh** will be playing a leading role in her school's play: High School Musical, Jr. at Shirley Chisholm Elementary School in Eastern Market, S.E., D.C., with several showings March 26-28, 2026. The Youth Ministry will sponsor the tickets for any youth member who would like to attend the play on Saturday, March 28, 2026.



If you are interested in learning more or interested in supporting these upcoming Youth Ministry Events, please reach out to:

Sarita Copeland, Youth Ministry Coordinator: 202-302-9632 - [saritasingh13@gmail.com](mailto:saritasingh13@gmail.com)  
Chance Humbard, Youth Ministry Committee: 301-751-7178 - [chance.a.humbard@gmail.com](mailto:chance.a.humbard@gmail.com)

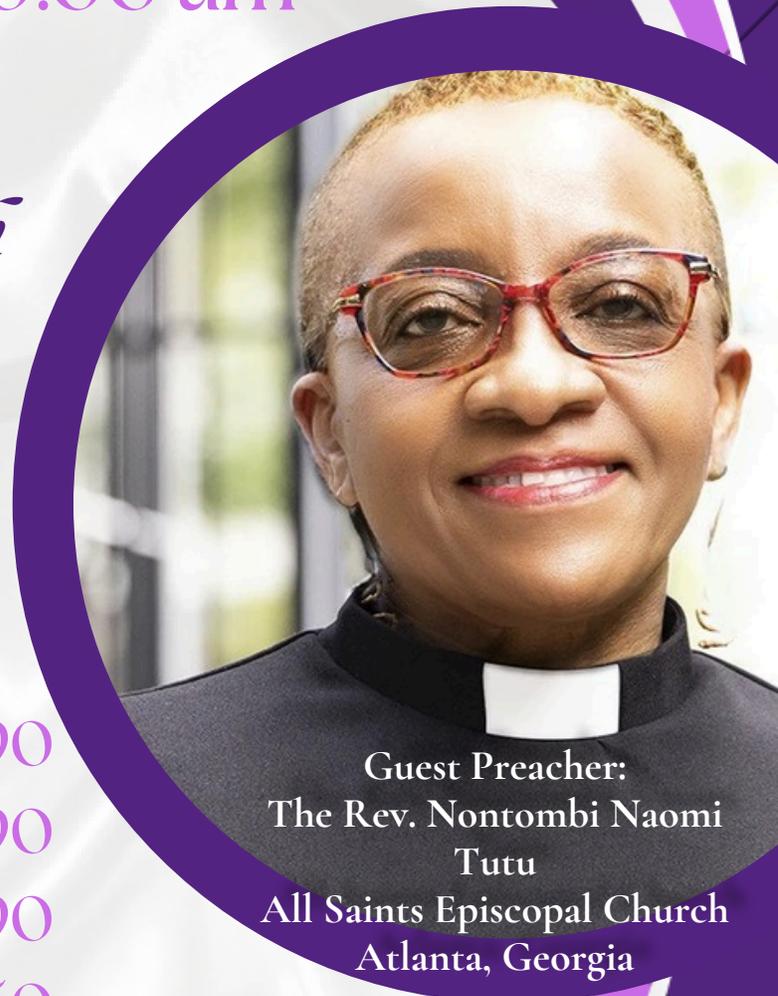
Women's Day 2026  
Sunday, April 12 - 10:00 am

*Women of Asbury  
Empowered by Faith  
for 190 Years*

Please Support Asbury's  
United Women in Faith\*

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|                |       |
|----------------|-------|
| Queen Candace  | \$290 |
| Mary Magdalene | \$190 |
| Deborah        | \$90  |
| Bathsheba      | \$50  |
| Marion         | \$25  |



Guest Preacher:  
The Rev. Nontombi Naomi  
Tutu  
All Saints Episcopal Church  
Atlanta, Georgia



United  
Women  
in Faith

\* Women's Day contributions will be accepted following morning worship. Contributions may also be mailed to Asbury.

## CONSTANT CONTACT EMAIL BLASTS



NEED HELP  
LETTING  
EVERYONE ABOUT  
YOUR UPCOMING  
ASBURY MINISTRY  
EVENTS?

### WHAT YOU NEED TO KNOW:

- Email blasts go out on Wednesdays & Fridays.
- Exceptions are:
  - Mid-day Intercessory Prayers (Tuesdays)
  - Rev. Bell's Letter to the Congregation
  - Funeral Announcements (as it occurs)
- Submit camera ready flyers or announcements to [asburymail@asburyumcdc.org](mailto:asburymail@asburyumcdc.org)
- Turnaround time: 48 hours required.
- Test Email will be forwarded to the sender to be proofed before it is sent out.

Many thanks for your kind cooperation.

ASBURY MAIN OFFICE | 202-628-0009 | [asburymail@asburyumcdc.org](mailto:asburymail@asburyumcdc.org)

## BULLETIN INFORMATION DEADLINE

PLEASE NOTE

Beginning **March 1, 2026**,  
**ALL** bulletin information for the upcoming  
week must be received on  
**Mondays at 3:00 pm**  
**(NO EXCEPTIONS)**

If an item is received after this deadline, it  
will be featured in the next bulletin.  
Many thanks for your kind cooperation.

ASBURY MAIN OFFICE

# OPEN POSITION

We are currently looking for someone to  
fill the hospitality desk position on  
Saturdays and Sundays

### PLEASE CONTACT

**Martrice Green**

Staff Parish Relations Committee Chair

at [martrice69@verizon.net](mailto:martrice69@verizon.net),

for more information



### Pledge Cards 2026 Stewardship Campaign

Pledge cards for our 2026 Stewardship  
Campaign are now available in the pews. We  
invite you to prayerfully complete your Estimate  
of Giving card and place it in the collection plate  
during the offering. Your commitment helps us  
plan faithfully and sustain our ministry. The  
campaign concludes on Palm Sunday, **March 29,  
2026**. Faithful today, impactful forever.

*Darryl Wyles*  
**Asbury Stewardship Chair**

# Announcements



## You Are Welcome to Worship With Us!

We pray you are uplifted and encouraged.

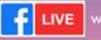
### JOIN ON



[www.youtube.com/c/AsburyUMCDCNewChannel](http://www.youtube.com/c/AsburyUMCDCNewChannel)



[www.asburyumcdc.org](http://www.asburyumcdc.org)  
Click WATCH LIVESTREAM



[www.facebook.com/asburyumcdc/](http://www.facebook.com/asburyumcdc/)



Dial in: (301) 715-8592  
Meeting ID: 861-5564-3955#  
Code: 123456#

[www.asburyumcdc.org](http://www.asburyumcdc.org)

## ASBURY UMC

### WAYS TO GIVE

**IN PERSON**  
USE AN ENVELOPE  
OR WRITE A CHECK



**MAIL**

926 11 STREET, NW  
WASHINGTON, DC 20001

**ONLINE**



VISIT US AT  
[WWW.ASBURYUMCDC.ORG](http://WWW.ASBURYUMCDC.ORG)  
CLICK GIVE

**APPS**

TEXT "GIVE"  
TO  
(202)952-9309

# NEHEMIAH

Shoulder to Shoulder  
for the Purposes of God

Thank you for your contributions to The Nehemiah Fund of Asbury United Methodist Church. The Nehemiah Fund provides emergency financial assistance to members of Asbury United Methodist Church and their immediate families who temporarily need help in meeting housing, nutritional, medical, security, or other essentials of daily living. In rare cases, the Fund may be accessed for burial assistance for members of Asbury United Methodist Church. The Fund may also be used to support needs of members of the community at large. The Fund is maintained by general and undesignated offerings made during the Communion offering on the first Sunday of each month or other period when an offering is taken associated with a Communion service at Asbury United Methodist Church. Requests for assistance are held in confidence and administered by our Senior Pastor, Rev. Dr. Ronald Bell, Jr.

## JOIN US EVERY SUNDAY 9:00AM 3RD FLOOR

CLASSES FOR ALL AGES

Nursery thru 2nd Grades  
3rd - 5th Grades  
Tweens/Teens

## Adult Sunday School

All members and friends are cordially invited to join us on Sunday mornings for spiritually uplifting lessons and thought-provoking discussions. We meet in the Library at 9:00 am each Sunday morning. For more information text/call Patrice Blackman 301-922-9020.

## Asbury Youth & Young Adult Choir Rehearsal



o Every 3<sup>rd</sup> Sunday  
Immediately after Service

o Choir sings 4<sup>th</sup> Sundays

### Psalm 100: 1-2

Make a joyful noise unto the Lord, all ye lands. Serve the Lord with gladness: come before His presence with singing.



## Sunday School



## We are praying for you....



HOPE IN  
every  
PRAYER

Need Prayer?

Send your specific prayer requests to:

[prayer@asburyumcdc.org](mailto:prayer@asburyumcdc.org).

Complete a Prayer Card & drop it in the prayer box located in the Narthex or outside the Chapel.



PRAYER  
is the  
GREATEST  
POWER  
**Pray2**

## Asbury

United Methodist Church • Washington, DC

MID - WEEK

## INTERCESSORY PRAYER

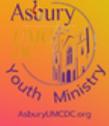


EVERY WEDNESDAY | 12 NOON

CALL: +1 (717) 908 - 1986

ACCESS CODE: 933 - 092

→ [WWW.ASBURYUMCDC.ORG](http://WWW.ASBURYUMCDC.ORG)

  
CALLING ALL ASBURY YOUTH...  
*Asbury's Youth Ministry wants to hear about your 2026 Special Events*  
LET'S SHOW UP AND SHOW OUT  
TEXT OR EMAIL YOUR YOUTH COORDINATORS



Sarita Copeland • (202) 302-9632 • [saritamsingh13@gmail.com](mailto:saritamsingh13@gmail.com)  
Chance Humbar • (301) 751-7178 • [chance.a.humbar@gmail.com](mailto:chance.a.humbar@gmail.com)



# UPCOMING EVENTS 2026

**MARCH 29<sup>TH</sup>**

**PALM SUNDAY SERVICE: 10:00 AM**  
**CHILDREN'S PARADE OF PALMS: 12 NOON**

**APRIL 3<sup>RD</sup>**

**GOOD FRIDAY SERVICE: 12 NOON**

**APRIL 5<sup>TH</sup>**

**EASTER WITH THE CHILDREN**

**EASTER BASKETS FOR CHILDREN- INTERESTED IN HELPING/DONATING**

**CONTACT:**

**P. BLACKMAN AT PATRICEGHB@GMAIL.COM**

**G. MCFADDEN AT GLOSTAR1@COMCAST.NET**

**V. WILLIFORD AT WILLIFORD\_V@HOTMAIL.COM**

**APRIL 12<sup>TH</sup>**

**UNITED WOMEN OF FAITH - WOMEN'S DAY 2026**

**OCTOBER 11<sup>TH</sup>**

**PASTOR APPRECIATION DAY**

**OCTOBER 18<sup>TH</sup>**

**LAITY SUNDAY**

**NOVEMBER 24<sup>TH</sup>**

**COMMUNITY THANKSGIVING "BAGSKET" DISTRIBUTION DAY: 11:30AM - 1:00PM**

**FOOD PANTRY DISTRIBUTION DAY**

**EVERY 3<sup>RD</sup> SUNDAY OF THE MONTH: 9:00AM - 12 NOON**

**TBD**

**SUNDAY SCHOOL AT THE SMITHSONIAN NATIONAL ZOO**

**SUNDAYS**

**SUNDAY SCHOOL CLASSES AT 9:00 AM FOR ALL AGES**

**NEIGHBOR TO NEIGHBOR (N2N) 4<sup>TH</sup> SUNDAY OUTREACH**

**EVERY 4<sup>TH</sup> SUNDAY FROM 9AM-10:30AM**

## GETTING AROUND

- There is an elevator in the Education Building that accesses all levels of the church—the sanctuary, the fellowship hall, and all the Sunday School rooms.
- Free parking is available Sundays in the garage adjacent to our 11th Street entrance. Pick up a parking pass from the 11th Street reception desk.
- Restrooms are on the lower level on either side of the narthex and on the 2nd and 3rd floors.

## UPPER ROOM - DAILY READINGS

| DATE                     | SCRIPTURE             |
|--------------------------|-----------------------|
| SUNDAY MARCH 22, 2026    | EXODUS 3: 7-14        |
| MONDAY MARCH 23, 2026    | ISAIAH 40: 27-31      |
| TUESDAY MARCH 24, 2026   | 1 CORINTHIANS 4: 9-13 |
| WEDNESDAY MARCH 25, 2026 | RUTH 4: 1-17          |
| THURSDAY MARCH 26, 2026  | PHILLIPIANS 4: 10-13  |
| FRIDAY MARCH 27, 2026    | PSALM 91: 1-16        |
| SATURDAY MARCH 28, 2026  | LUKE 12: 27-31        |



## ASBURY UNITED METHODIST CHURCH

**Rev. Dr. Ronald Bell, II.**, Lead Pastor

**Everett P. Williams, Jr.**, Minister of Music

**Tawana C. Jackson**, Stephen Minister

**Monica McEaddy & Patrick Wilkerson**, Lay Leaders

**Rev. Dr. Johnsie Cogman**, District Superintendent

**Bishop LaTrelle Miller Easterling**, Episcopal Leader of the Baltimore-Washington Conference

Visit [asburymcdc.org](http://asburymcdc.org) for information about our ministries.

Find us on Facebook and Twitter.