

Asbury United Methodist Church
Loving...Serving...Transforming Lives

“PREPARE”



Mission Statement

Love God and one another, serve our community, and transform lives.

Vision

**A radically inclusive community, empowered to spread God’s love
throughout the world.**

Beliefs

We believe all are created in the image of God. We believe God loves everyone and through Christ saves-revives-renews the world. We believe God through the Holy Spirit changes lives. We believe the church is the body of Christ with a mission. We believe the Bible is the word of God. We believe that God has gifted everyone and the church for the purposes of God. We believe discipleship is a continuing journey.

ASBURY UNITED METHODIST CHURCH

Second Sunday of Advent

December 7, 2025 ~ 10:00 AM WORSHIP (In-Person & Online Worship Service)

†† = Those who are able may stand **AAHH** = African American Heritage Hymnal – **Yellow Hymnal** **UMH** = United Methodist Hymnal – **Red Hymnal**

WELCOME & ANNOUNCEMENTS

Rev. Clyde Nelson

†INTROIT

I Am the Way, the Truth and the Life....Gordon Young

†GATHERING HYMN

Come, Thou Long-Expected Jesus (196 UMH)

LIGHTING OF THE ADVENT CANDLES

Bryana Zavala and Aiden Campbell

MORNING PRAYER

Tawana Jackson

PRAYER RESPONSE

Come Here Jesus, If You Please.....arr. Roland Carter

CHILDREN'S MOMENT

Ruth Scarbrough

THE ANTHEM

*Mary Had a Baby....Dello Thedford
Xavier Joseph (baritone soloist)*

SCRIPTURE READING

Isaiah 11:1-10
Matthew 3:1-12

Min. Christian Watkins
Min. Christian Watkins

SERMONIC SELECTION

I Know It Was the Blood (267 AAHH)

SERMON

“PREPARE”

Rev. Clyde Nelson
Retired Elder, Virginia Annual Conference

†INVITATION TO CHRISTIAN DISCIPLESHIP

I Have Decided to Follow Jesus (400 AAHH)

HOLY COMMUNION

Rev. Clyde Nelson & Min. Christian Watkins

INVITATION TO GIVE

Darryl Wyles and Robert Corbitt

OFFERTORY SELECTION

*Teach Us to Pray....Howard Mann
Adrienne Neal-Harris (soprano soloist)*

†DOXOLOGY

Praise God from Whom All Blessings Flow

†SENDING HYMN

O Come, O Come, Emmanuel (211 UMH)

†BENEDICTION

Rev. Clyde Nelson

POSTLUDE

His Eye Is on the Sparrow...Charles Gabriel

WORSHIP PARTICIPANTS

Minister of Music: Everett Williams, Jr.

Music: Asbury Ensemble, Adrienne Neal-Harris (soprano soloist), Xavier Joseph (baritone soloist)

Liturgists: Robert Corbitt, Tawana Jackson, Ruth Scarbrough, Darryl Wyles

Trustee On Duty: Beverly Allen

The Great Thanksgiving for Advent

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty (almighty God), creator of heaven and earth. You formed us in your image and breathed into us the breath of life. When we turned away, and our love failed, your love remained steadfast. You delivered us from captivity, made covenant to be our sovereign God, and spoke to us through your prophets, who looked for that day when justice shall roll down like waters and righteousness like an ever-flowing stream, when nation shall not lift up sword against nation, neither shall they learn war anymore. And so, with your people on earth and all the company of heaven, we praise your name and join their unending hymn:

Holy, holy, holy Lord, God of power and might,

heaven and earth are full of your glory. Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Holy are you, and blessed is your Son Jesus Christ, whom you sent in the fullness of time to be a light to the nations. You scatter the proud in the imagination of their hearts and have mercy on those who fear you from generation to generation. You put down the mighty from their thrones and exalt those of low degree. You fill the hungry with good things, and the rich you send empty away. Your own Son came among us as a servant to be Emmanuel, your presence with us. He humbled himself in obedience to your will and freely accepted death on a cross. By the baptism of his suffering, death, and resurrection you gave birth to your Church, delivered us from slavery to sin and death, and made with us a new covenant by water and the Spirit. At his ascension you exalted him to sit and reign with you at your right hand.

On the night in which he gave himself up for us, he took bread, gave thanks to you, broke the bread, gave it to his disciples, and said: "Take, eat; this is my body which is given for you. Do this in remembrance of me."

When the supper was over Jesus took the cup, gave thanks to you, gave it to the disciples, and said: "Drink from this, all of you; this is my blood of the new covenant, poured out for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and thanksgiving, as a holy and living sacrifice, in union with Christ's offering for us, as we proclaim the mystery of faith.

Christ has died; Christ is risen; Christ will come again.

Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine. Make them be for us the body and blood of Christ, that we may be for the world the body of Christ, redeemed by his blood. By your Spirit make us one with Christ, one with each other, and one in ministry to all the world, until Christ comes in final victory, and we feast at his heavenly banquet. Through your Son Jesus Christ, with the Holy Spirit in your holy Church, all honor and glory is yours, almighty Father (God), now and forever.

Amen.

THE LORD'S PRAYER

GIVING THE BREAD AND CUP

Pastor: Because there is one loaf, we, who are many, are one body, for we all partake of the one loaf. The bread which we break is a sharing in the body of Christ.

(The pastor breaks the bread)

The cup over which we give thanks is a sharing in the blood of Christ.

(The pastor lifts the cup)

The body and blood of Christ given for you.



ALL: *(All partake of the communion elements together while the Asbury Ensemble sings)*

Second Sunday of Advent Candle of Peace



Reader 1: Last Sunday we lit the First Candle of Advent, the Candle of Hope. The first candle reminds us of our hope in Christ. We light it again as we remember our Savior, born a King.

Reader 2: Today is the Second Sunday of Advent and we light the Candle of Peace. As we light the Candle of Peace, we are reminded that peace is like a light shining in a dark place. We therefore, celebrate the peace we find in Jesus Christ. May the word sent from God through the prophets lead us to the way of salvation!

(Say as you are lighting the Hope and Peace candles—2 purple candles)

Reader 3: We light the candles of **HOPE** and **PEACE**.

Asbury's Week At-A-Glance

Sunday, December 7, 2025

9:00 am—All-in-One Sunday School, Ages 4-12, 3rd fl., Room 208

10:00 am — Worship Service (in-person and online via Livestream, [Link](#)), Dial In: 301-715-8592, Meeting ID: 861 5564 3955, Passcode: 123456

12:30 pm – Asbury United Methodist Men, Fellowship Hall

Monday, December 8, 2025

3:00 pm — Asburian Deadline

Tuesday, December 9, 2025

11:00 am—Office Weekly Staff Meeting, via Zoom

Wednesday, December 10, 2025

12:00 pm - Prayer Ministry, Mid-Week Intercessory Prayer, Call: 1-717-908-1986, Access code: 933-092, submit prayer request to: prayer@asburyumcdc.org

7:00 pm—SPRC Meeting, via Zoom

Thursday, December 11, 2025

7:00 pm—Trustee Board Committee Meeting, [Link](#), Dial-In: 301-715-8592, Zoom Meeting ID: 967 7383, Passcode: 851426

Friday, December 12, 2025

Saturday, December 13, 2025



From The Senior Pastor's Desk **DECEMBER 2025**

Word for the Month:

Partners in the Promise!

This Advent we're gathering around a sacred truth: no birth—especially the birth of our Savior—happens alone. **Partners in the Promise** invites us to look again at the cast of characters who carried light into a dark world: prophets, priest and parents, dreamers and travelers, doubters and believers. Each one brought their own texture, their own wounds, their own wonder—and God wove it all into the cradle of redemption. And family, the same Spirit whispers to us now: ***you, too, are a partner in this holy arrival.*** Through your witness, your service, your steady “yes” to hope, Christ is born again in our neighborhoods, our families, our political systems and our weary world. This season, may we step into our part with courage, tenderness, and expectation, trusting that the Promise still chooses us to carry it forward.



Asbury United Methodist Church is a Lighthouse Congregation of the Baltimore Washington Conference of the United Methodist Church.



Monday thru Thursday 8:00 am — 3:00 pm

Friday 8:00 am — 1:00 pm (**Office Closed**)

Parking Instructions

Monday—Friday

Asburyans and guests, on church business, should park in the parking garage and bring the printed parking ticket with them to be validated in the church office. Park on levels P2 or P3 and take the elevator to the "G" level to exit the building (to the left toward 11th Street). Drivers will scan the front of the ticket (invoice) and then scan the back (the payment). Push the call button if you have any issues and the LAZ Garage Staff will assist you.

Saturday & Sunday

Parking is available on Saturday and Sunday until 4 pm (unless otherwise noted). Park on levels P2 or P3 and take the elevator to the "G" level to exit the building (to the left toward 11th Street). The church provides parking passes (half sheet paper passes) to use as you exit the garage. **You must give the parking attendant your printed ticket and the parking pass.**





You Are Welcome to Worship With Us!

We pray you are uplifted and encouraged.

JOIN ON



www.youtube.com/c/AsburyUMCDCNewChannel



www.asburyumcdc.org
Click WATCH LIVESTREAM



www.facebook.com/asburyumcdc/



Dial in: (301) 715-8592
Meeting ID: 861-5564-3955#
Code: 123456#

www.asburyumcdc.org



ASBURY UMC

WAYS TO GIVE

IN PERSON

USE AN ENVELOPE
OR WRITE A CHECK



MAIL



926 11 STREET, NW
WASHINGTON, DC 20001

ONLINE



VISIT US AT
WWW.ASBURYUMCDC.ORG
CLICK GIVE

APPS

TEXT "GIVE"
TO
(202)952-9309

Made with PosterMyWall.com



All members and friends are cordially invited to join us on Sunday mornings for spiritually uplifting lessons and thought-provoking discussions.

We meet in the Library at 9:00 am each Sunday morning.



**JOIN US EVERY SUNDAY AT
9AM
ON THE 3RD FLOOR**

CLASSES FOR ALL AGES

Nursery thru 2nd Grades
3rd - 5th Grades
Twins/Teens



Asbury Youth & Young Adult Choir Rehearsal



- Every 3rd Sunday
Immediately after Service
- Choir sings 4th Sundays

Psalm 100: 1-2

Make a joyful noise unto the Lord, all ye lands. Serve the Lord with gladness: come before His presence with singing.



Football & Fellowship

The 4th Sunday
of Each Month (September – January)

NFL game @ 1:00 PM
in the Fellowship Hall

All Are Welcome



Refreshments Will Be Served

Asbury United Methodist Church • 11th & K Streets, NW • Washington, DC 20001



Asbury Methodist Church Annual Poinsettias Dedication

This annual event gives you an opportunity to express love “In Memory of” or “In Honor of” your beloved ones during the Christmas Season. Your Poinsettias will beautifully adorn the church. To place your order, please complete the form below. Give the completed form with donation to Pat Crudup, or Judith Roberts.

Pat Crudup (pacrudup@gmail.com/ 202- 215-9622)

Judith Roberts (judy823@aol.com/ 202- 528-2889)

DONATION: \$20.00 per name

ORDERS DUE BY: December 14, 2025

IN MEMORY OF

1. _____ Relationship _____

2. _____ Relationship _____

3. _____ Relationship _____

Presented by: _____

Quantity _____ Amount \$ _____ Phone Number _____

If I am unable to be in attendance, I would like for _____ to pick up my Poinsettia(s).

IN HONOR OF

1. _____ Relationship _____

2. _____ Relationship _____

3. _____ Relationship _____

Presented by: _____

Quantity _____ Amount \$ _____ Phone Number _____

If I am unable to be in attendance, I would like for _____ to pick up my Poinsettia(s).

ALL POINSETTIAS ARE SCHEDULED FOR PICKUP AFTER THE 10:00 am Worship Service Sunday, December 21, 2025.



VISION board *Party*

Join us for an inspiring visionary table talk !

We will be creating vision boards for 2026 as we reflect on this past year. Please feel free to bring a laptop or other materials,

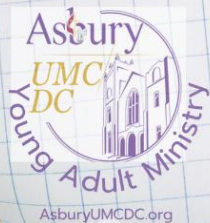
Fourth Sunday

December 28, 2025

Right After Service

Join us on the 2nd

Floor!



All Ages Welcome!

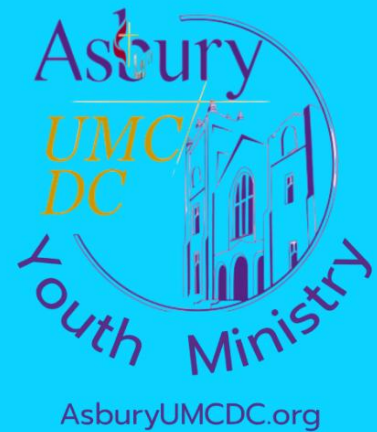
RSVP by December 19th

Bryana Zavala

Bryana.Zavala09@gmail.com

IGNITE

Youth Weekend Retreat



2026 Theme — BELONG

March 20-22, 2026

Ocean City, Maryland



IGNITE for the Youth — A holistic, transformative experience for young people that includes fellowship, worship, learning, and service components. In addition, young adults will be lending their service and mentorship through the IGNITE Squad.

Asbury Youth Ministry will cover all room & event registration expenses for all youth (11-17 years old) who wish to attend.

Please RSVP by 15 January to ensure tickets and rooms are secured by contacting the below:

Sarita Copeland • (202) 302-9632 • saritamsingh13@gmail.com

Chance Humbard • (301) 751-7178 • chance.a.humbard@gmail.com

<https://www.igniteforyouth.com>

The Asbury United Methodist Church Health Ministry Newsletter December 2025

By Drs. Clive and Ealena Callender

Seasonal Mood Changes

As the weather gets cooler and the days get shorter, millions of people struggle with mood changes and other symptoms of depression. Seasonal affective disorder (SAD) is a type of depression that occurs in a seasonal pattern. Symptoms most often begin in the fall or winter when reduced exposure to daylight disrupts our internal biological clock or circadian rhythm. Seasonal changes in mood-related neurotransmitters or brain chemicals may also play a role.

What are the symptoms?

Persistent feelings of sadness

Difficulty concentrating

Lack of energy

Loss of interest in usual activities

Sleeping too much or not enough

Change in appetite (often craving more carbohydrates)



What can I do to help?

Maintain a regular sleep routine: Wake up and go to bed at the same time each day to help your internal clock adjust more easily to seasonal changes.

Get some sun: Since natural light plays a crucial role in mood regulation, spend time outside during daylight hours, even if it's just for a short walk.

Keep moving: Physical activity boosts mood and energy levels. Exercising outdoors during daylight hours will help even more.

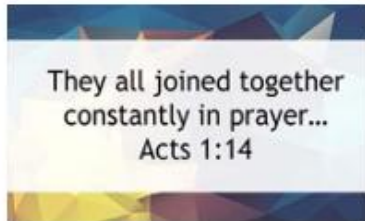
Eat a well-balanced diet: Enjoy whole foods, lean proteins, and omega-3 fatty acids to help stabilize mood and energy. Include sources of vitamin D, the "sunlight vitamin," such as salmon, eggs, and mushrooms.

Keep in touch: Engage with friends and family rather than giving in to the urge to stay inside and hibernate. Isolation is likely to worsen mood symptoms.

Light therapy: Standard treatment includes bright-light therapy with a light box that delivers at least 10,000 lux of light. Doctors often recommend getting 30 minutes of daily exposure throughout the winter. Morning treatments are the most effective at shifting circadian rhythms and alleviating symptoms. Some start therapy in early fall to help prevent severe symptoms.

Seek professional help: Talk therapy and antidepressant medications are effective treatments for SAD.

If you find yourself struggling when the seasons change, see a doctor for a proper evaluation. Together, you can find the right tools to manage your symptoms during the winter months.



ASBURY UNITED METHODIST CHURCH

Care and Concern List

When you care for others, you are caring for Christ.

If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land. (2 Chronicles 7:14)

WASHINGTON, DC RESIDENCE

Northwest

- ♥ Lisa Duperier
- ♥ Renee Huggen

Northeast

- ♥ Selma Douglas

Southwest

- ♥

Southeast

- ♥

WASHINGTON, DC NURSING HOMES, HOSPITALS & ASSISTED LIVING

- ♥ Gertrude Barnette, Lisner Louise Dickson Hurt Home, 5425 Western Ave NW, Washington, DC 20015
- ♥ Timmie Bouknight, Serenity Rehabilitation & Health Center, 1380 Southern Ave., Rm 319B, SE, DC 20032
- ♥ Mildred Robinson, Forest Hills Assisted Living, 4901 Connecticut Ave., NW, Rm 212, Washington, DC 20008

MARYLAND RESIDENCE

- ♥ Rev. Frederick Price, Jr.
- ♥ Lina Reynolds
- ♥ Andrewlette Thompson

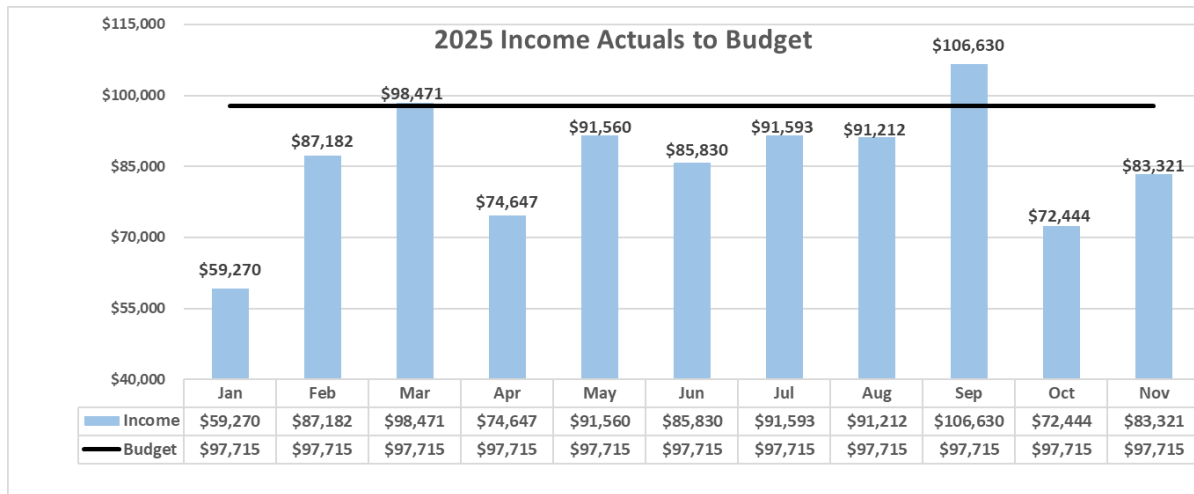
MARYLAND NURSING HOMES, HOSPITALS & ASSISTED LIVING

- ♥ Barbara Collins, Grand Oaks Assisted Living, 5901 MacArthur Blvd NW, Apt #402, Washington, DC 20016
- ♥ Elisha Davies, Regency Rehab Center, 9101 Second Avenue, Silver Spring, MD 20910
- ♥ Lorraine Hightower, Independence Court of Hyattsville, 5821 Queens Chapel Road, Hyattsville, MD 20782
- ♥ Lillian Langford, Collington, 10450 Lottsford Rd., Mitchellville, MD 20721
- ♥ Floyd Robinson, Arbor Terrace Senior Living, 9885 Greenbelt Road, #322, Greenbelt, MD 20706
- ♥ Zelma Solomon, Grace House Assisted Living, 3214 Norbeck Rd, Silver Spring, MD 20906
- ♥ Bernice Tillett, Arbor Terrace Senior Living, 9885 Greenbelt Road, #328, Greenbelt, MD 20706

NURSING HOMES, HOSPITALS & ASSISTED LIVING

- ♥ Maryland Ellison, c/o Vanessa Burnett, 100 Asch Loop, Apt. # 22F, Bronx, New York 10475
- ♥ Dorothy West, 8804 South North Shore Drive, Apt. #230/232, Knoxville, TN 37923

THE STEWARDSHIP OF GIVING



Faithful Today, Impactful Forever: It's Homecoming Season. Celebrating 189 years of ministry.

Dear Asbury Family,

As your Finance Chair and Stewardship Chair, we want to **THANK YOU** for your ongoing generosity. Your giving makes our ministry possible week after week, month after month. For 2025, we are on track to end the year in a financial deficit, as we have met our targeted budget amount for two months this year. **Through November, we have a \$231,000 shortfall.** The needs of our community are great and our commitment to serving those needs is steadfast.

A Call to Action! We are still accepting your Homecoming gifts of \$1,890, \$189, and \$18.90, as well as your end-of-the-year gifts over and above your tithe. We **can** end 2025 'in the black' with a balanced budget as we have four Sundays in December to close this deficit.

Your generosity allows this ministry to be a blessing to others. Together, we can demonstrate what it means to be **Faithful Today, Impactful Forever.**

With gratitude,

Robert J. Corbitt, Jr.

Robert J. Corbitt, Jr.
Chairperson Committee on Finance

Darryl Wyles

Darryl Wyles
Stewardship Chairperson



HELP!!!!

**A message from the Membership Assimilation and Records Committee (MARC)
DO YOU KNOW HOW TO CONTACT THE ASBURY MEMBERS LISTED BELOW?**

DECEMBER 2025

If, yes please use the address change cards located outside the Church Office to provide (an Address, Telephone Number, or Email Address) and deposit it in the box OR contact Sandra Ware at Sandyk4755@yahoo.com. THANK YOU!



Angela Brooks, Claudia Canfield, Nicholas Caldwell, Corey Martin; Esther Kahng, Keith Smith

Thank you

Asbury, our Neighbor-2-Neighbor (N2N) Outreach Ministry Team would like to thank each of you who contributed towards our Thermals, Hats, and Gloves Drive which began in October. We were successful in meeting and even exceeding our goal of collecting \$5,000, which allows us to purchase at least 400 sets of thermals, hats and gloves to help keep our neighbors warm.

No matter the size of your donation, it truly made a difference and we are grateful for your support! We began distributing the items the 4th Sunday in November to 99 neighbors who came. It is not too late to donate because we are hoping to provide the cold weather items through March 2026. Again, thank you for your generosity!

**Jeanarta McEachron,
Missions Coordinator**



“Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.”

Matthew 28:19-20

THE UPPER ROOM — DAILY READING

SUNDAY, DECEMBER 7
ISAIAH 61:1-7

THURSDAY, DECEMBER 11
JAMES 4:6-10

MONDAY, DECEMBER 8
COLOSSIANS 4:2-6

FRIDAY, DECEMBER 12
JOHN 14:15-27

TUESDAY, DECEMBER 9
MATTHEW 14:22-33

SATURDAY, DECEMBER 13
MATTHEW 18:1-5

WEDNESDAY, DECEMBER 10
MARK 9:14-29

GETTING AROUND

- ◆ There is an elevator in the Education Building that accesses all levels of the church—the sanctuary, the fellowship hall, and all the Sunday School rooms.
- ◆ Free parking is available Sundays in the garage adjacent to our 11th Street entrance. Pick up a parking pass from the 11th Street reception desk.
- ◆ Restrooms are on the lower level on either side of the narthex and on the 2nd and 3rd floors.

Asbury United Methodist Church

Rev. Dr. Ronald Bell, Jr., Lead Pastor

Everett P. Williams, Jr., Minister of Music

Tawana C. Jackson, Stephen Minister

Valentine Davies & Monica McEaddy, Lay Leaders

Rev. Dr. Johnsie Cogman, District Superintendent

Bishop LaTrelle Miller Easterling, Episcopal Leader of the Baltimore-Washington Conference

Visit asburyumcdc.org for information about our ministries. Find us on Facebook and Twitter.

926 11th St., NW, Washington, DC 20001 ~ 202-628-0009 ~ asburymail@asburyumcdc.org

Monday-Thursday ~ 8:00 am-3:00 pm / Friday ~ 8:00 am-1:00 pm Teleworking (The Office is Closed)