

Asbury United Methodist Church
Loving...Serving...Transforming Lives
October 5, 2025 ~ 10:00 am (In-Person & Online Services)

“God Always Makes A Way”



Mission Statement

Love God and one another, serve our community, and transform lives.

Vision

A radically inclusive community, empowered to spread God's love throughout the world.

Beliefs

We believe all are created in the image of God. We believe God loves everyone and through Christ saves-revives-renews the world. We believe God through the Holy Spirit changes lives. We believe the church is the body of Christ with a mission. We believe the Bible is the word of God. We believe that God has gifted everyone and the church for the purposes of God. We believe discipleship is a continuing journey.

ASBURY UNITED METHODIST CHURCH

Seventeenth Sunday After Pentecost

October 5, 2025 ~ 10:00 AM WORSHIP (In-Person & Online Worship Service)

†† = Those who are able may stand AAHH = African American Heritage Hymnal – Yellow Hymnal UMH = United Methodist Hymnal – Red Hymnal

WELCOME & ANNOUNCEMENTS

Rev. Dr. Ronald Bell, Jr.

INTROIT

Let the Heav'n Light Shine on Me....Roland Carter

†GATHERING HYMN

How Great Thou Art (77UMH)

MORNING PRAYER

Tawana Jackson

PRAYER RESPONSE

His Name Is Wonderful...Audrey Mieir

THE ANTHEM

*The King of love my Shepherd Is....Harry R. Shelley
Brittani McNeil soprano soloist
VaShawn McIlwain-Lightfoot baritone soloist*

CHILDREN'S MOMENT

Ruth Scarbrough

SCRIPTURE READINGS

Exodus 13:17-22
Luke 17:5-10

Rev. Jacob Cogman
Rev. Jacob Cogman

SERMONIC SELECTION

The Blood Will Never Lose Its Power (256 AAHH)

SERMON

“God Always Makes A Way”

Rev. Dr. Ronald Bell, Jr.
Lead Pastor

†INVITATION TO CHRISTIAN DISCIPLESHIP

Thank you Lord

HOLY COMMUNION

Rev. Dr. Ronald Bell, Jr. & Rev. Jacob Cogman

COMMUNION HYMN

Break Thou the Bread of Life (599 UMH)

INVITATION TO GIVE

Tawana Jackson

OFFERTORY SELECTION

The Lord Is My Light....Lillian Bouknight

†DOXOLOGY

Praise God from Whom All Blessings Flow

†SENDING HYMN

He Has Done Great Things for Me (507 AAHH)

†BENEDICTION

Rev. Dr. Ronald Bell, Jr.

POSTLUDE

The Old Rugged Cross....George Bennard

WORSHIP PARTICIPANTS

Minister of Music: Everett Williams

Music: Asbury Ensemble

Liturgists: Tawana Jackson, Ruth Scarbrough,

Trustee On Duty: James Gary

The Great Thanksgiving for World Communion Sunday

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty (almighty God), creator of heaven and earth. You have made from one every nation and people to live on all the face of the earth. And so, with your people on earth and all the company of heaven, we praise your name and join their unending hymn:

Holy, holy, holy Lord, God of power and might,

heaven and earth are full of your glory. Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Holy are you, and blessed is your Son Jesus Christ. By the baptism of his suffering, death, and resurrection you gave birth to your Church, delivered us from slavery to sin and death, and made with us a new covenant by water and the Spirit. He commissioned us to be his witnesses to the ends of the earth and to make disciples of all nations, and today his family in all the world is joining at his holy table.

On the night in which he gave himself up for us, he took bread, gave thanks to you, broke the bread, gave it to his disciples, and said: "Take, eat; this is my body which is given for you. Do this in remembrance of me."

When the supper was over Jesus took the cup, gave thanks to you, gave it to the disciples, and said: "Drink from this, all of you; this is my blood of the new covenant, poured out for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and

thanksgiving, as a holy and living sacrifice, in union with Christ's offering for us, as we proclaim the mystery of faith.

Christ has died; Christ is risen; Christ will come again.

Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine. Make them be for us the body and blood of Christ, that we may be for the world the body of Christ, redeemed by his blood.

Renew our communion with your Church throughout the world, and strengthen it in every nation and among every people to witness faithfully in your name. By your Spirit make us one with Christ, one with each other, and one in ministry to all the world, until Christ comes in final victory, and we feast at his heavenly banquet. Through your Son Jesus Christ, with the Holy Spirit in your holy Church, all honor and glory is yours, almighty Father (God), now and forever.

Amen.

THE LORD'S PRAYER

GIVING THE BREAD AND CUP

Pastor: Because there is one loaf, we, who are many, are one body, for we all partake of the one loaf. The bread which we break is a sharing in the body of Christ.

(The pastor breaks the bread)

The cup over which we give thanks is a sharing in the blood of Christ.

(The pastor lifts the cup)

The body and blood of Christ given for you.

ALL: *(All partake of the communion elements together while the Asbury Ensemble sings)*



Asbury's Week At-A-Glance

Sunday, October 5, 2025

9:00 am—All-in-One Sunday School, Ages 4-12, 3rd fl., Room 208

10:00 am — Worship Service (in-person and online via Livestream, [Link](#)), Dial In: 301-715-8592, Meeting ID: 861 5564 3955, Passcode: 123456

12:30 pm – United Methodist Men Monthly Meeting, G-1

Monday, October 6, 2025

3:00 pm — Asburyan Deadline

7:30 pm – The Cycle of Grace Bible Study, Bryana Zavala, Zoom Meeting, [Link](#), Meeting ID: 889-5924-7469, Passcode: 089798

Tuesday, October 7, 2025

11:00 am—Office Weekly Staff Meeting, via Zoom

12:00 pm – The Cycle of Grace Bible Study, Carmen Collette, Zoom Meeting, [Link](#), Meeting ID: 823-8507-0137, Passcode: 378585

7:00 pm – The Cycle of Grace Bible Study, Carmen Collette, Zoom Meeting, [Link](#), Meeting ID: 823-8507-0137, Passcode: 378585

Wednesday, October 8, 2025

8:00 am - The Cycle of Grace Bible Study, Carol Travis, Zoom Meeting, [Link](#), Meeting ID: 853-3008-7698, Passcode: 916467

12:00 pm - Prayer Ministry, Mid-Week Intercessory Prayer, Call: 1-717-908-1986, Access code: 933-092, submit prayer request to: prayer@asburyumcdc.org

7:00 pm—SPRC Meeting, via Zoom

Thursday, October 9, 2025

12:00 pm - The Cycle of Grace Bible Study, Rev. Dr. Ron Bell, Jr., Zoom Meeting, [Link](#), Meeting ID: 863-5693-1570, Passcode: 895951

6:00 pm - The Cycle of Grace Bible Study, Rev. Dr. Ron Bell, Jr., Zoom Meeting, [Link](#), Meeting ID: 863-5693-1570, Passcode: 895951

6:30 pm—Trustee Board Committee Meeting, [Link](#), Dial-In: 301-715-8592, Zoom Meeting ID: 967 7383, Passcode: 851426

Friday, October 10, 2025

9:00 am - The Cycle of Grace Bible Study, Dr. James Shopshire, Zoom Meeting, [Link](#), Meeting ID: 871-2968-3112, Passcode: 931558

Saturday, October 11, 2025

3:00 pm - The Cycle of Grace Bible Study, Rev. Clyde Nelson & Rev. Tawana Jackson, Zoom Meeting, [Link](#), Meeting ID: 826-4850-7584, Passcode: 347025

From The Senior Pastor's Desk OCTOBER 2025

Word for the Month:

Moments and Miracles takes us on a journey through the Old Testament, uncovering pivotal moments when God equipped His people to overcome life's challenges.

Each story will reveal the spiritual practices—like fasting, prayer, worship, and forgiveness—that strengthen us in difficult seasons.

These moments ultimately point us toward the greatest miracle of all: the birth of Jesus Christ, who empowers us to navigate life with hope and purpose.

In this series, we will learn how to move forward with grace, courage, and strength, trusting that God has already provided what we need.



Asbury United Methodist Church is a Lighthouse Congregation of the Baltimore Washington Conference of the United Methodist Church.



Monday thru Thursday 8:00 am — 3:00 pm

Friday 8:00 am — 1:00 pm (**Office Closed**)

Parking Instructions

Monday—Friday

Asburyans and guests, on church business, should park in the parking garage and bring the printed parking ticket with them to be validated in the church office. Park on levels P2 or P3 and take the elevator to the "G" level to exit the building (to the left toward 11th Street). Drivers will scan the front of the ticket (invoice) and then scan the back (the payment). Push the call button if you have any issues and the LAZ Garage Staff will assist you.

Saturday & Sunday

Parking is available on Saturday and Sunday until 4 pm (unless otherwise noted). Park on levels P2 or P3 and take the elevator to the "G" level to exit the building (to the left toward 11th Street). The church provides parking passes (half sheet paper passes) to use as you exit the garage. **You must give the parking attendant your printed ticket and the parking pass.**



WAYS TO GIVE

you can conveniently give this week
in the following ways:



IN PERSON

use an envelope
or write a check



ONLINE

visit our website
www.asburyumcdc.org
Click GIVE button



TEXT

text "GIVE"
to (202)952-9309



MAIL

send check to
Asbury UMC
926 11th St NW
Washington, DC 20001

JOIN US



ONLINE

LIVE
STREAMING HD

www.asburyumcdc.org
Click WATCH LIVESTREAM

You Tube

www.youtube.com/c/AsburyUMCDCNewChannel

f LIVE

www.facebook.com/asburyumcdc/

zoom

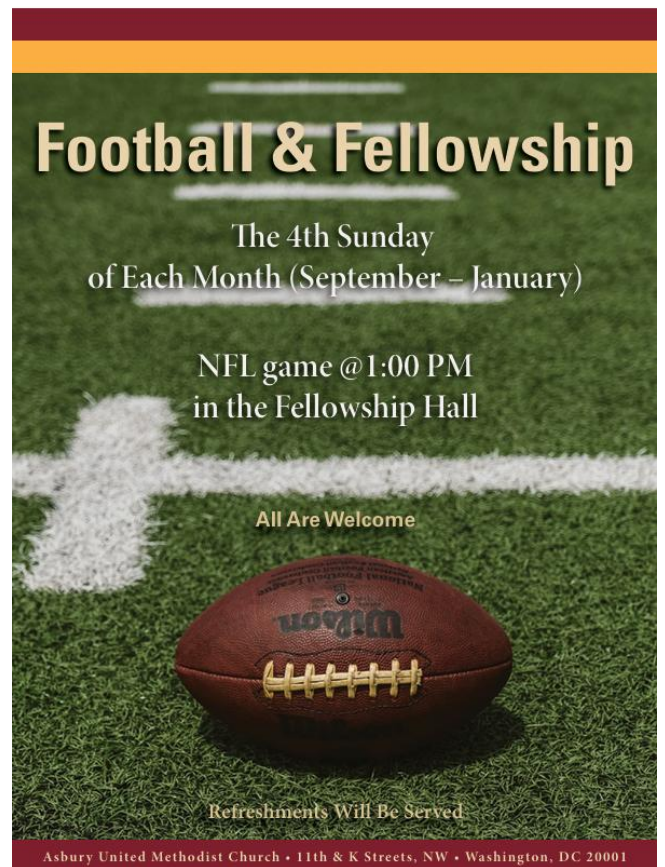
Dial-In: (301) 715-8592
Meeting ID: 861 5564 3955#
Password: 123456#



Adult Sunday School

All members and friends are cordially invited to join us on Sunday mornings for spiritually uplifting lessons and thought-provoking discussions. We meet in the Library at 9:00 am each Sunday morning.

Football & Fellowship
The 4th Sunday of the Month
@ 1pm



**GIVE THE GIFT OF
WARMTH THIS WINTER!**



**Cost of a
Set is
\$13.00**

- **THERMALS**
- **HATS**
- **GLOVES**

As the weather turns colder, it's important to remember our neighbors who may need a little extra help staying warm. Previously, Asburyans have generously supported efforts to help keep our neighbors warm. Together, we can make a meaningful difference by providing essential winter items to those in need.

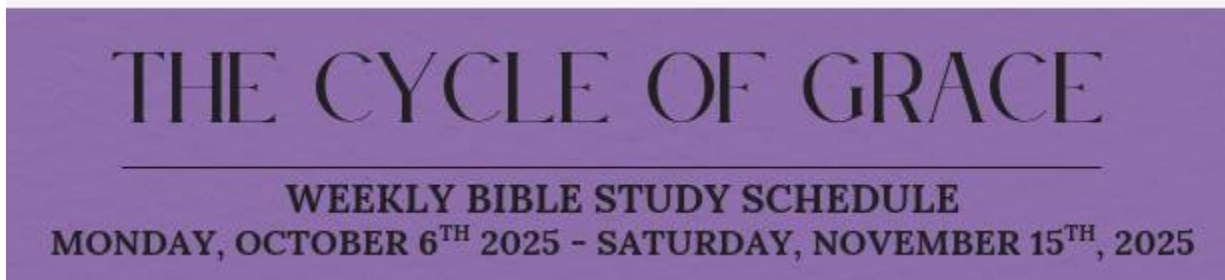
This year our Neighbor-2-Neighbor Ministry is soliciting contributions to help purchase items to help keep our neighbors warm. The cost of a complete set (thermals, hat, and gloves) is just \$13.00.

Our goal is to purchase 400 sets.

Please help us reach our goal. Every contribution, no matter the size, will help keep our warm this winter. Beginning October 5, we will collect contributions for thermals, in the Fellowship Hall, before and after morning worship. We're counting on Asburyans to give and give generously to help keep our neighbors warm this winter.

Thank you!

Cycle of Grace (Virtual) Weekly Bible Study Series
Starts October 6, 2025



Asbury Family:

Embark on a journey of grace in this weekly Bible Study series by Trevor Hudson!

This 6-week study will help you know that God loves you, nurture your spiritual life, understand who you are called to be in the world, and learn how to restore balance to your life.

Available classes and zoom links for each class will be sent out by Constant Contact. Plan to join once a week.

Buy your books, *The Cycle of Grace: Living in Sacred Balance*, by Trevor Hudson on **Amazon** using this link:

[The Cycle of Grace: Living in Sacred Balance: Hudson, Trevor: 9780835811989: Amazon.com: Books](https://www.amazon.com/dp/9780835811989)

Monday - 7:30 pm

Bryana Zavala, Zoom Meeting, [Link](#), Meeting ID: 889-5924-7469, Passcode: 089798

Tuesday – 12Noon & 7pm

Carmen Collette, Zoom Meeting, [Link](#), Meeting ID: 823-8507-0137, Passcode: 378585

Wednesday - 8:00 am

Carol Travis, Zoom Meeting Zoom Meeting, [Link](#), Meeting ID: 853-3008-7698, Passcode: 916467

Thursday - 12Noon & 6pm

Rev. Dr. Ron Bell, Jr., Zoom Meeting, [Link](#), Meeting ID: 863-5693-1570, Passcode: 895951

Friday- 9:00 am

Dr. James Shopshire, Zoom Meeting, [Link](#), Meeting ID: 871-2968-3112, Passcode: 931558

Saturday – 3:00 pm

Rev. Clyde Nelson & Rev. Tawana Jackson, Zoom Meeting, [Link](#), Meeting ID: 826-4850-7584, Passcode: 347025

OCTOBER IS PASTOR APPRECIATION MONTH!

We are pleased to have a wonderful ministerial staff, and we encourage you to let them know how much they are loved and appreciated here at Asbury. Throughout the month of October, show them your appreciation with gifts, letters, cards or other forms of gratitude. Let them know how grateful we are for their dedication and leadership to our church family.

Join us for an informal
“Meet and Greet”
with the ministerial staff

Rev. Dr. Ronald Bell, Jr.
Rev. Clyde Nelson
Tawana Jackson, Stephen Ministry
Minister Christian Watkins

Sunday, October 12, 2025
After 10 am service
Fellowship Hall
Light refreshments will be available.

Special Note:

Special dates in the Bell Family:
Dr. Eboni Bell's Birthday – June 14th
Rev. Bell's Birthday - September 23rd
Rev. and Dr. Bells' 15th Wedding Anniversary – September 26th
Ronald III Birthday - September 26th
David Bell's Birthday – December 8th

Bless you for your sympathies & kindness

Dear Asbury Family & Friends

On behalf of my grandmother, Metirah Apenteng, and our entire family, I want to extend our heartfelt gratitude for your kindness and support during this tender time of grief and remembrance for our beloved daughter, mother, sister, and friend, Annette Marie Denton Attah.

Your generosity lightened our burdens, but even more, your love and care reminded us of the strength and comfort that flow through God's people. We are deeply grateful to be surrounded by such a faithful and caring church family who walked alongside us in both prayer and presence.

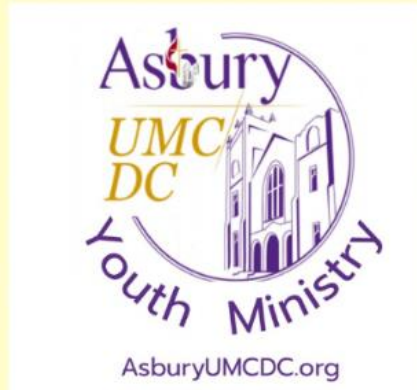
As scripture reminds us: “The Lord is near to the brokenhearted and saves the crushed in spirit.” – Psalm 34:18. Truly, through your love and compassion, we have felt the Lord's nearness in a powerful way.

Thank you again for showing up for our family with such grace and kindness. We pray God continues to bless each of you richly, as you have so richly blessed us.

With love and gratitude,

The Apenteng, Denton & Attah Family

2ND ANNUAL



Book Reading & Book Giveaway

Join us on the 3rd floor for free
books, book readings, activities,
and refreshments.

ALL AGES WELCOME

November 23rd

11:30am - 1pm

saritamsingh13@gmail.com

chance.a.humbard@gmail.com





The Asbury United Methodist Church Health Ministry

Newsletter October 2025

By: Drs. Clive and Ealena Callender

Steps to prevent choking in older adults

Each year, choking claims the lives of more than 4,100 Americans who are 65 or older. The most vulnerable age group, adults over 65 account for about three-quarters of U.S. choking deaths.

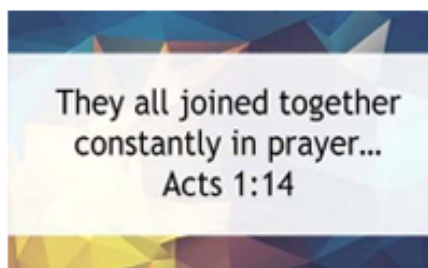
Choking occurs when food or other objects block the airway, preventing air from entering the lungs. Adults over age 65 have a higher chance of choking for several reasons. As we age, the mouth and throat muscles involved in chewing and swallowing can weaken. Also, older adults produce less saliva – which is essential for moistening and breaking down food, making it easier to swallow. Finally, some chronic medical conditions and medications can make swallowing more difficult.

How can you tell if someone is choking? Telltale signs include someone reaching for their neck with their hands and becoming unable to speak. If you see someone who is choking, you can help by slapping them on the back or using the Heimlich maneuver to help dislodge the obstruction from the airway. To perform the Heimlich maneuver, stand behind the choking person and wrap your arms around their abdomen. With balled up fists just below the ribcage, thrust inward and upward. This helps force air out of the lungs and ejects whatever is causing the obstruction. The American Red Cross recommends alternating back slaps and abdominal thrusts in sets of five until the obstruction is relieved. If you are choking and alone, you can self-administer the Heimlich maneuver by forcefully bending forward over the back of a chair.

Several companies are marketing anti-choking devices to retirement-aged adults. These devices use suction to help remove the object blocking the airway. The American Red Cross recommends using the above standard methods first. If they are not working or not feasible, anti-choking devices should be used to help.

Ways to reduce your risk of choking:

- Cut food into small pieces
- Chew food slowly
- Drink plenty of liquids with meals
- Avoid laughing and talking while chewing and swallowing
- Sit upright while eating and avoid reclining or lying down immediately after eating
- Assure dentures fit properly and address dental issues that may interfere with proper chewing



ASBURY UNITED METHODIST CHURCH

Care and Concern List

October 2025

When you care for others, you are caring for Christ.

If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land. (2 Chronicles 7:14)

WASHINGTON, DC RESIDENCE

Northwest

- ♥ Lisa Duperier
- ♥ Renee Huggen

Northeast

- ♥ Selma Douglas

Southwest

- ♥

Southeast

- ♥

WASHINGTON, DC NURSING HOMES, HOSPITALS & ASSISTED LIVING

- ♥ Gertrude Barnette, Lisner Louise Dickson Hurt Home, 5425 Western Ave NW, Washington, DC 20015
- ♥ Timmie Bouknight, Serenity Rehabilitation & Health Center, 1380 Southern Ave., Rm 319B, SE, DC 20032
- ♥ Mildred Robinson, Forest Hills Assisted Living, 4901 Connecticut Ave., NW, Rm 212, Washington, DC 20008

MARYLAND RESIDENCE

- ♥ Lina Reynolds
- ♥ Andrewlette Thompson

MARYLAND NURSING HOMES, HOSPITALS & ASSISTED LIVING

- ♥ Barbara Collins, Arbor Terrace Senior Living, 9885 Greenbelt Road, #321, Greenbelt, MD 20706
- ♥ Elisha Davies, Regency Rehab Center, 9101 Second Avenue, Silver Spring, MD 20910
- ♥ Lorraine Hightower, Independence Court of Hyattsville, 5821 Queens Chapel Road, Hyattsville, MD 20782
- ♥ Lillian Langford, Collington, 10450 Lottsford Rd., Mitchellville, MD 20721
- ♥ Floyd Robinson, Arbor Terrace Senior Living, 9885 Greenbelt Road, #322, Greenbelt, MD 20706
- ♥ Zelma Solomon, Grace House Assisted Living, 3214 Norbeck Rd, Silver Spring, MD 20906
- ♥ Bernice Tillett, Arbor Terrace Senior Living, 9885 Greenbelt Road, #328, Greenbelt, MD 20706

NURSING HOMES, HOSPITALS & ASSISTED LIVING

- ♥ Maryland Ellison, c/o Vanessa Burnett, 100 Asch Loop, Apt. # 22F, Bronx, New York 10475
- ♥ Dorothy West, 8804 South North Shore Drive, Apt. #230/232, Knoxville, TN 37923

HELP!!!!

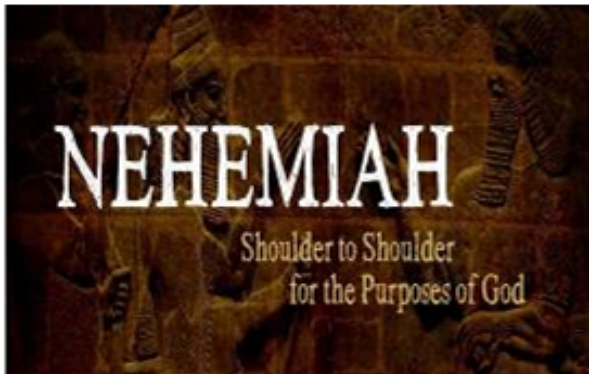
**A message from the Membership Assimilation and Records Committee (MARC)
DO YOU KNOW HOW TO CONTACT THE ASBURY MEMBERS LISTED BELOW?**

October 2025

If, yes please use the address change cards located outside the Church Office to provide (an Address, Telephone Number, or Email Address) and deposit it in the box OR contact Sandra Ware at Sandyk4755@yahoo.com. THANK YOU!



**Carla Bradford, Terrance Bradford,
Jasmine Featherstone, Ann Johnson, Lauren McNeil,
Marian Moosa, Phyllis Thompson**

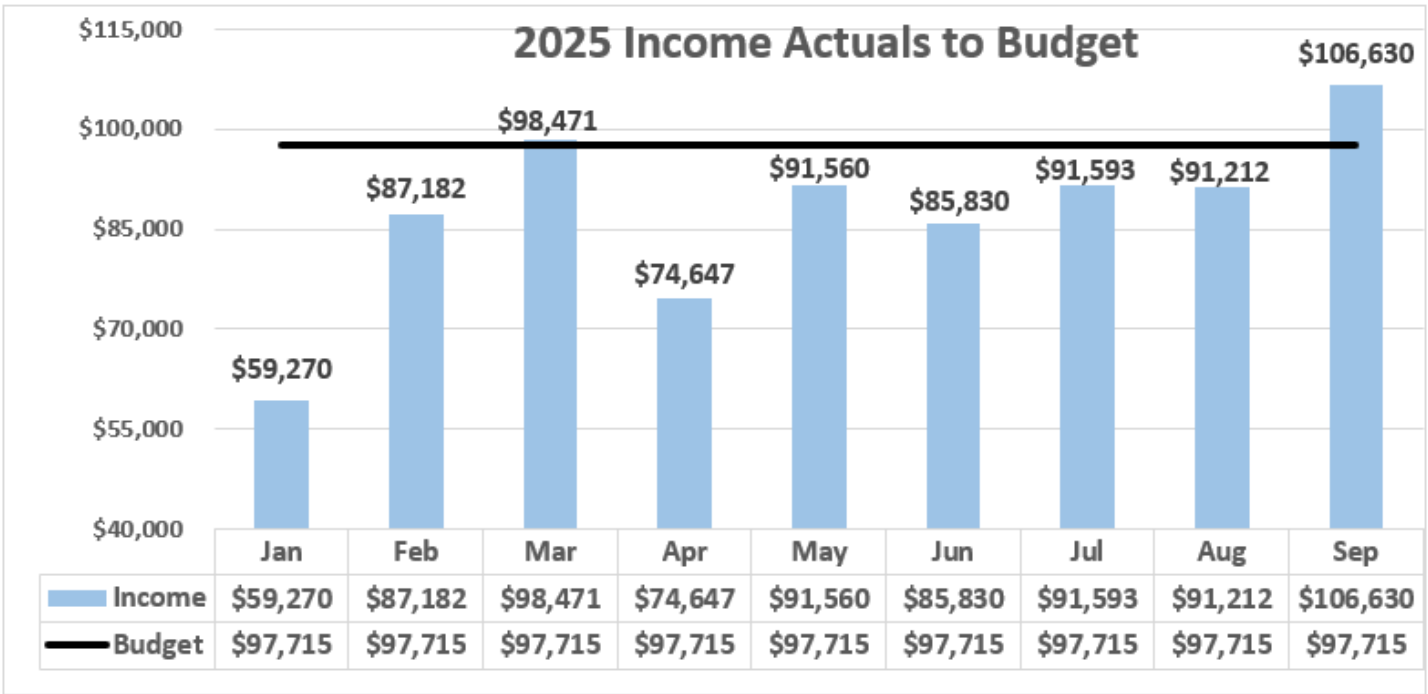


THE NEHEMIAH FUND

Thank you for your contributions to The Nehemiah Fund of Asbury United Methodist Church. The Nehemiah Fund provides emergency financial assistance to members of Asbury United Methodist Church and their immediate families who temporarily need help in meeting housing,

nutritional, medical, security, or other essentials of daily living. In rare cases, the Fund may be accessed for burial assistance for members of Asbury United Methodist Church. The Fund may also be used to support needs of members of the community at large. The Fund is maintained by general and undesignated offerings made during the Communion offering on the first Sunday of each month or other period when an offering is taken associated with a Communion service at Asbury United Methodist Church. Requests for assistance are held in confidence and administered by our Senior Pastor, Rev. Dr. Ronald Bell, Jr.

THE STEWARDSHIP OF GIVING



Faithful Today, Impactful Forever: It's Homecoming Season. Celebrating 189 years of ministry.

Dear Asbury Family,

As your Finance Chair and Stewardship Chair, we want to **THANK YOU** for your ongoing generosity. Your giving makes our ministry possible week after week, month after month.

Let's keep September's financial momentum and end 2025 'in the black' with a balanced budget. Be blessed by this ministry. Together, let's show what it means to be **Faithful Today, Impactful Forever**.

With gratitude,

Robert J. Corbitt, Jr.

Robert J. Corbitt, Jr.
Chairperson Committee on Finance

Darryl Wyles

Darryl Wyles
Stewardship Chairperson



“Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.”

Matthew 28:19-20

THE UPPER ROOM — DAILY READING

SUNDAY, OCTOBER 5
LUKE 14:15-23

MONDAY, OCTOBER 6
MATTHEW 7:24-27

TUESDAY, OCTOBER 7
JOHN 15:1-6

WEDNESDAY, OCTOBER 8
MATTHEW 13:18-23

THURSDAY, OCTOBER 9
LUKE 1:26-38

FRIDAY, OCTOBER 10
PSALM 46:1-11

SATURDAY, OCTOBER 11
JAMES 2:14-17

GETTING AROUND

- ◆ There is an elevator in the Education Building that accesses all levels of the church—the sanctuary, the fellowship hall, and all the Sunday School rooms.
- ◆ Free parking is available Sundays in the garage adjacent to our 11th Street entrance. Pick up a parking pass from the 11th Street reception desk.
- ◆ Restrooms are on the lower level on either side of the narthex and on the 2nd and 3rd floors.

Asbury United Methodist Church

Rev. Dr. Ronald Bell, Jr., Lead Pastor

Everett P. Williams, Jr., Minister of Music

Tawana C. Jackson, Stephen Minister

Valentine Davies & Monica McEaddy, Lay Leaders

Rev. Dr. Johnsie Cogman, District Superintendent

Bishop LaTrelle Miller Easterling, Episcopal Leader of the Baltimore-Washington Conference

Visit asburyumcdc.org for information about our ministries. Find us on Facebook and Twitter.

926 11th St., NW, Washington, DC 20001 ~ 202-628-0009 ~ asburymail@asburyumcdc.org
Monday-Thursday ~ 8:00 am-3:00 pm / Friday ~ 8:00 am-1:00 pm Teleworking (The Office is Closed)