

**ASBURY UNITED METHODIST CHURCH**  
**LOVING...SERVING...TRANSFORMING LIVES**  
**MAY 5, 2024 ~ 10:00 AM (IN-PERSON & ONLINE SERVICES)**

## **“Choices”**



### **MISSION STATEMENT**

**Love God and one another, serve our community, and transform lives.**

### **VISION**

**A radically inclusive community, empowered to spread God's love throughout the world.**

### **BELIEFS**

**We believe all are created in the image of God. We believe God loves everyone and through Christ saves-revives-renews the world. We believe God through the Holy Spirit changes lives. We believe the church is the body of Christ with a mission. We believe the Bible is the word of God. We believe that God has gifted everyone and the church for the purposes of God. We believe discipleship is a continuing journey.**

# ASBURY UNITED METHODIST CHURCH

## SIXTH SUNDAY OF EASTER

May 5, 2024 ~ 10:00 AM WORSHIP (IN-PERSON & ONLINE WORSHIP SERVICE)

†† = Those who are able may stand

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WELCOME & ANNOUNCEMENTS		Rev. Ryan Wise
††INTROIT		<i>Spirit of the Living God...D. Iverson</i>
††GATHERING HYMN		<i>Come Thou Fount of Every Blessing (400 UMH)</i>
MORNING PRAYER		Rev. Ryan Wise
PRAYER RESPONSE		<i>Jesus Keep Me Near the Cross</i>
CHILDREN'S MOMENT		Cassidy Carpenter
SCRIPTURE READINGS	Acts 10:44-48 1 John 5:1-6 John 15:9-17	Rev. Ryan Wise Christian Watkins Tawana Jackson
SERMONIC SELECTION		<i>I Am the Way, the Truth and the Life...G. Young</i>
SERMON	<b>“Choices”</b>	Rev. Clyde Nelson Retired Elder, Virginia Annual Conference
INVITATION TO CHRISTIAN DISCIPLESHIP		<i>I've Decided to Make Jesus My Choice</i>
HOLY COMMUNION		Rev. Clyde Nelson
COMMUNION HYMN		<i>One Bread, One Body (620 UMH)</i>
INVITATION TO GIVE		Tawana Jackson
OFFERTORY SELECTION		<i>I Have Overcome the World...C. Antrom</i> Joseph Hammond (soloist)
††DOXOLOGY		<i>Praise God From Whom All Blessings Flow</i>
††SENDING HYMN		<i>At the Cross (359 UMH)</i>
††BENEDICTION		Rev. Clyde Nelson
††POSTLUDE		<i>All Hail the Power of Jesus' Name...J. Ellor</i>

**WORSHIP PARTICIPANTS**

**Minister of Music:** Everett P. Williams, Jr.

**Music:** Asbury Ensemble

**Liturgists:** Rev. Ryan Wise. Tawana Jackson, Christian Watkins

**Trustee On Duty:** Canardo M. Richardson

**THE GREAT THANKSGIVING FOR EASTER SEASON**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty (*almighty God*), creator of heaven and earth. You formed us in your image and breathed into us the breath of life. When we turned away, and our love failed, your love remained steadfast. You delivered us from captivity, made covenant to be our sovereign God, brought us to a land flowing with milk and honey, and set before us the way of life. And so, with your people on earth and all the company of heaven, we praise your name and join their unending hymn:

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory. Hosanna in the highest.  
Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

Holy are you, and blessed is your Son Jesus Christ. By the baptism of his suffering, death, and resurrection you gave birth to your Church, delivered us from slavery to sin and death, and made with us a new covenant by water and the Spirit. By your great mercy we have been born anew to a living hope through the resurrection of your Son from the dead and to an inheritance that is imperishable, undefiled, and unfading.

Once we were no people, but now we are your people, declaring your wonderful deeds in Christ, who called us out of darkness into his marvelous light. When the Lord Jesus ascended, he promised to be with us always, in the power of your Word and Holy Spirit.

On the night in which he gave himself up for us, he took bread, gave thanks to you, broke the bread, gave it to his disciples, and said: "Take, eat; this is my body which is given for you. Do this in remembrance of me."

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When the supper was over Jesus took the cup, gave thanks to you, gave it to the disciples, and said: "Drink from this, all of you; this is my blood of the new covenant, poured out for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

On the day you raised him from the dead he was recognized by his disciples in the breaking of the bread, and in the power of your Holy Spirit your Church has continued in the breaking of the bread and the sharing of the cup.

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and thanksgiving, as a holy and living sacrifice, in union with Christ's offering for us, as we proclaim the mystery of faith.

**Christ has died; Christ is risen; Christ will come again.**

Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine. Make them be for us the body and blood of Christ, that we may be for the world the body of Christ, redeemed by his blood. By your Spirit make us one with Christ, one with each other, and one in ministry to all the world, until Christ comes in final victory, and we feast at his heavenly banquet. Through your Son Jesus Christ, with the Holy Spirit in your holy Church, all honor and glory is yours, almighty Father (God), now and forever.

**Amen.**

## **THE LORD'S PRAYER**

### **GIVING THE BREAD AND CUP**

**Pastor:** Because there is one loaf, we, who are many, are one body, for we all partake of the one loaf. The bread which we break is a sharing in the body of Christ.

*(The pastor breaks the bread)*

The cup over which we give thanks is a sharing in the blood of Christ.

*(The pastor lifts the cup)*

The body and blood of Christ given for you.

**ALL:** *(All partake of the communion elements together while the Asbury Ensemble sings)*



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## Asbury's Week At-A-Glance

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**Sunday, May 5 2024**

9:00 am—DC BID Community Outreach, Fellowship Hall  
9:00 am—All-in-One Sunday School, Ages 4-12, 3rd floor, Rm 208  
9:00 am—Adult Sunday School, Library  
10:00 am — Worship Service (in-person and online via Livestream, [Link](#)), Dial In: 301-715-8592, Meeting ID: 861 5564 3955, Passcode: 123456

**Monday, May 6, 2024**

**3:00 pm — Asburyan Deadline**

**Tuesday, May 7, 2024**

11:00 am—Office Weekly Staff Meeting, via Zoom

**Wednesday, May 8, 2024**

12:00 pm—Wednesday Prayer Line, Dial-In: 717-908-1986, Passcode 933092#  
7:00 pm—SPRC Meeting, via Zoom

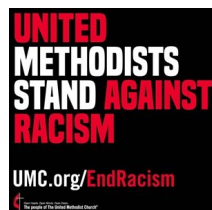
**Thursday, May 9, 2024**

7:00 pm—Trustee Board Committee Meeting, [Link](#), Dial-In: 301-715-8592, Zoom Meeting ID: 967 7383, Passcode: 851426

**Friday, May 10, 2024**

**Saturday, May 11, 2024**

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## From The Senior Pastor's Desk

**May 2024**

**Word for the Month:** FAITH

**Scripture of the Month:** John 20:30-31

**Thought for the Month:** The book *Faith: 4 Essential Practices* is a valuable resource for anyone seeking to deepen their understanding and practice of faith. By recognizing and developing your faith, you can live boldly and confidently, even when faced with uncertainty. Through the guidance provided in this book, you will learn how to embrace a new level of faith in your life.

This life-changing guide takes you on a journey to harness the power of your faith by exploring four essential practices:

**Waiting:** Cultivate patience and resilience as you learn to wait in service, peace, within, and rest. Discover how to develop your faith even during life's most challenging moments.

**Praying:** Unleash the transformational power of prayer by focusing on the facts about God, honoring your emotions, and praying forward with expectation.

**Thinking:** Unlock the extraordinary potential within yourself by embracing bold, innovative ideas and stepping outside the confines of traditional beliefs.

**Acting:** Put your faith in action by taking risks for the betterment of humanity and living a fearlessly authentic life.

*Faith: 4 Essential Practices* will inspire and empower you to confidently embrace your faith, whether you're a beginner or a seasoned believer.

**Emphasis for the Month:** SPIRITUAL DISCIPLINES

**Pastor's Book of the Month:** *Faith: 4 Essential Practices* by Olu Brown



Asbury United Methodist Church is a Lighthouse Congregation of the Baltimore Washington Conference of the United Methodist Church.



**Monday thru Thursday** 8:00 am — 3:00 pm

**Friday** 8:00 am — 1:00 pm (**Office Closed**)

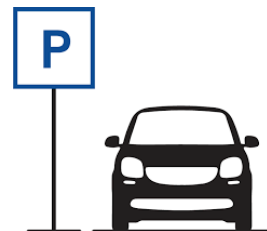
## Parking Instructions

### Monday—Friday

Asburyans and guests, on church business, should park in the parking garage and bring the printed parking ticket with them to be validated in the church office. Park on levels P2 or P3 and take the elevator to the "G" level to exit the building (to the left toward 11th Street). Drivers will scan the front of the ticket (invoice) and then scan the back (the payment). Push the call button if you have any issues and the Atlantic Garage Staff will assist you.

### Saturday & Sunday

Parking is available on Saturday and Sunday until 4 pm (unless otherwise noted). Park on levels P2 or P3 and take the elevator to the "G" level to exit the building (to the left toward 11th Street). The church provides parking passes (half sheet paper passes) to use as you exit the garage.



JOIN US



# ONLINE

**LIVE /  
STREAMING HD**

[www.asburyumcdc.org](http://www.asburyumcdc.org)  
Click WATCH LIVESTREAM

**You Tube**

[www.youtube.com/c/AsburyUMCDCNewChannel](http://www.youtube.com/c/AsburyUMCDCNewChannel)

**f LIVE**

[www.facebook.com/asburyumcdc/](http://www.facebook.com/asburyumcdc/)

**zoom**

Dial-In: (301) 715-8592  
Meeting ID: 861 5564 3955#  
Password: 123456#



## WAYS TO GIVE

you can conveniently give this week  
in the following ways:



**IN PERSON**

use an envelope  
or write a check



**ONLINE**

visit our website  
[www.asburyumcdc.org](http://www.asburyumcdc.org)  
Click GIVE button



**TEXT**

text "GIVE"  
to (202)952-9309



**MAIL**

send check to  
Asbury UMC  
926 11th St NW  
Washington, DC 20001



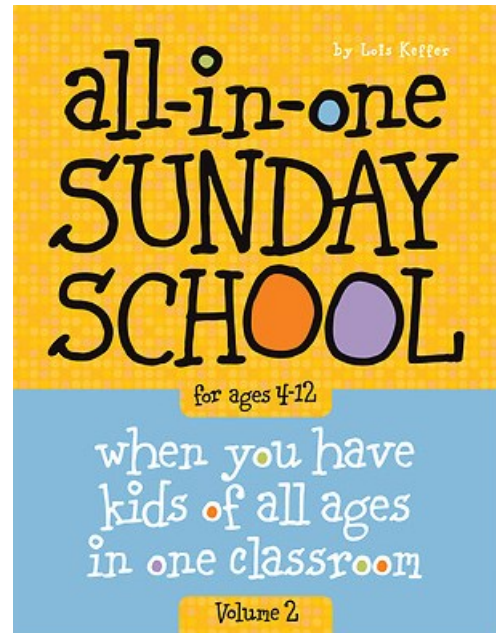
## All-in-one Sunday School

Sunday Mornings

Ages 4-12

9:00-9:50 am

Located on 3rd floor, Room 208



## Adult Sunday School



### Adult Sunday School

Adult Members and Friends! Are you looking for a new avenue of spiritual enrichment, refocus or additional clarity? Come join us at Asbury for Sunday School. We will engage in mission-related discussions taken from the Adult Bible Series "Encounters in Prayer and Love, Spring 2024". As we continue to strive to do God's work, our sessions will be held each Sunday morning at 9 a.m. in the church library beginning on April 14th.

For more information, contact Patrice Blackman, [patriceghb@gmail.com](mailto:patriceghb@gmail.com) or 301-922-9020.



# Student Recognition Sunday

We're making plans now for our annual Student Recognition Sunday scheduled for Sunday, June 30, 2024. Please send us all names of 2024 middle school, high school and college (and graduate schools too!) prospective graduates in 2024. ALSO: we will recognize special achievements completed by our students as well!!! Please submit a short bio to include the following: 1) Student's full name 2) Name of school 3) Middle school or High school diploma or type of degree to be conferred 4) Send us a picture of the student or graduate! 5) Recognition received, for example, Girl Scout Silver award or award for community service, Boy scout rank advancement, achievements in sports etc. 6) Address and contact phone numbers 7) Name of parents/ grandparents (whatever is appropriate) 8) Describe the student's future plans after this graduation, e.g., will attend Howard University in the fall of 2024/ Major: biology; include any other information, e.g., Awarded the Outstanding Character award by their high school. Please send your information to [jnerocarter@gmail.com](mailto:jnerocarter@gmail.com) and [vdavies99@gmail.com](mailto:vdavies99@gmail.com) or to the church office at [asburymail@asburyumcdc.org](mailto:asburymail@asburyumcdc.org) Please send all bios and names of students asap or no later than June 17th. Also: please send us the names of your students who are now attending middle school, high school or college. We're updating our lists each semester. Thank you and please reach out and contact us via the e-mails above. God bless you and our wonderful students!

UNDERGRADUATE SCHOLARSHIP APPLICATION Asbury United Methodist Church sponsors the Asbury Higher Education and Campus Ministry (HECM) Scholarship Program. Each scholarship is an achievement-based scholarship that is awarded to graduating high school seniors and current undergraduate students. Students are recognized for their capacity to lead and serve, as well as their commitment to making a significant impact on their schools and communities. To be a candidate for a scholarship, applicant must be (1) affiliated with Asbury; (2) be in good academic standing (as defined by minimum academic requirements); (3) include your college transcript from your most recent college year.

HURRY! Contact Janice Nero Carter @ [jnerocarter@gmail.com](mailto:jnerocarter@gmail.com) or Valentine Davies @ [vmdavies99@gmail.com](mailto:vmdavies99@gmail.com)



Asbury United Methodist Church Health Ministry Newsletter May 2024  
May is Mental Health Month  
By: Dr. Clive O. Callender

Good health does not exist without good mental health. Mental health is a universal concern and everyone deserves access to mental health services. It is absolutely necessary to raise awareness, reduce stigma and improve access to mental health services for all Americans, and especially African Americans!

Approximately 21 percent of African Americans have been diagnosed with a mental illness according to the Substance Abuse and Mental Health Services Administration. African Americans are more likely than Whites to have post-traumatic stress disorder (PTSD) and schizophrenia. Unfortunately, only one third of African Americans who need mental health care actually receive it. While 40% of Whites seek mental health treatment, only 25% of African Americans do the same.

African Americans experience feelings of sadness, hopelessness, and worthlessness at higher rates than Whites. For African Americans ages 15 to 24, suicide was the third leading cause of death.

The most significant barriers to African-American mental health care today are:

1. Mental health treatment can be expensive. Many mental health professionals will not accept health insurance as payment for services and many health insurance plans do not cover mental health services.
2. Stigma and shame may keep many from admitting to mental health concerns and seeking help. African-American families are more likely to be dismissive of mental health issues. think that going to a therapist is a sign of weakness and source of shame.
3. Lack of diversity among mental health practitioners means many African Americans may have difficulty finding someone they connect with for treatment. According to 2019 data from the American Psychological Association (APA), about 83% of the U.S. psychology workforce is white. According to the same report, African Americans represent just 3 percent of psychologists. African Americans make up about 13 percent of the American population.
4. Poor cultural competency among non-black mental health clinicians often leads to poorer care and misdiagnoses for African Americans.
5. “Whiteness” as a foundation of mental health care means white folks’ norms and cultures are the basis for comparisons. These norms may not apply to African Americans.
6. A basic distrust of the medical industry. Black people have historically been negatively affected by prejudice and discrimination in the health care system in the US.
7. Difficulty navigating the health care system.

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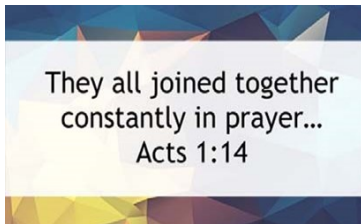
8. Culturally, many African Americans are taught to keep their feelings to themselves and are reluctant to share their emotions with others.

9. Negative past experiences with mental health professionals often due to provider bias (conscious or unconscious) and lack of cultural competency.

10. Blacks are more likely to be subject to involuntary treatment, whether it is forced inpatient or outpatient treatment.

988 is the new Suicide and Crisis Lifeline. Call or text this number for 24/7 free and confidential support for persons in mental distress, as well as prevention and crisis resources for those considering suicide.





# ASBURY UNITED METHODIST CHURCH

## Care and Concern List – May 1, 2024

**When you care for others you are caring for Christ.**

**If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.**

**(2 Chronicles 7:14)**

### WASHINGTON, DC RESIDENCE

#### Northwest

- ♥ Sharon Banks
- ♥ Lisa Duperier

#### Northeast

- ♥ Selma Douglas

#### Southwest

- ♥

#### Southeast

- ♥

### WASHINGTON, DC NURSING HOMES, HOSPITALS & ASSISTED LIVING

- ♥ Gertrude Barnette, Lisner Louise Dickson Hurt Home, 5425 Western Ave NW, Washington, DC 20015
- ♥ Timmie Bouknight, Serenity Rehabilitation & Health Center, 1380 Southern Ave., Rm 319B, SE, DC 20032
- ♥ Mildred Robinson, Forest Hills Assisted Living, 4901 Connecticut Ave., NW, Rm 212, Washington, DC 20008

### MARYLAND RESIDENCE

- ♥ Lina Reynolds
- ♥ Andrewlette Thompson

### MARYLAND NURSING HOMES, HOSPITALS & ASSISTED LIVING

- ♥ Elisha Davies, Regency Rehab Center, 9101 Second Avenue, Silver Spring, MD 20910
- ♥ Lorraine Hightower, Independence Court of Hyattsville, 5821 Queens Chapel Road, Hyattsville, MD 20782
- ♥ Lillian Langford, Collington, 10450 Lottsford Rd., Mitchellville, MD 20721
- ♥ Floyd Robinson, Arbor Terrace Senior Living, 9885 Greenbelt Road, #322, Greenbelt, MD 20706
- ♥ Bernice Tillett, Arbor Terrace Senior Living, 9885 Greenbelt Road, #328, Greenbelt, MD 20706

### NURSING HOMES, HOSPITALS & ASSISTED LIVING

- ♥ Maryland Ellison, 100 Asch Loop, Apt. # 22F, Bronx, New York 10475
- ♥ Dorothy West, 8804 South North Shore Drive, Apt. #230/232, Knoxville, TN 37923

## **HELP!!!!**

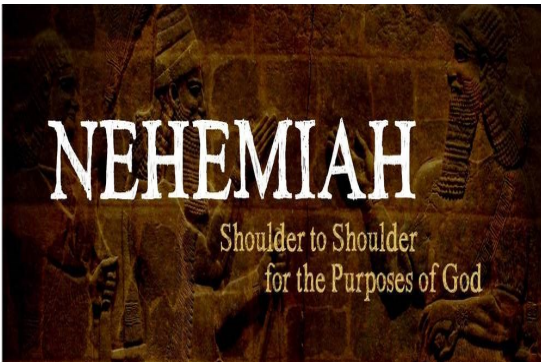
**A message from the Membership Assimilation and Records Committee (MARC)  
DO YOU KNOW HOW TO CONTACT THE ASBURY MEMBERS LISTED BELOW?**

**MAY 2024**

**If, yes please use the address change cards located outside the Church Office to provide (an Address, Telephone Number, or Email Address) and deposit it in the box OR contact Sandra Ware at [Sandyk4755@yahoo.com](mailto:Sandyk4755@yahoo.com). THANK YOU!**

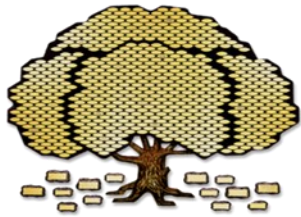


**Carla Bradford, Terrance Bradford, Dawn Curtis, Mayumi Catherine Dickson, Jasmine Featherstone, Nicholas Harris, Darien Long, Lauren McNeil, Mariam Moosa, Maria Porter, Phyllis Thompson**



### **THE NEHEMIAH FUND**

Thank you for your contributions to The Nehemiah Fund of Asbury United Methodist Church. The Nehemiah Fund provides emergency financial assistance to members of Asbury United Methodist Church and their immediate families who temporarily need help in meeting housing, nutritional, medical, security, or other essentials of daily living. In rare cases, the Fund may be accessed for burial assistance for members of Asbury United Methodist Church. The Fund may also be used to support needs of members of the community at large. The Fund is maintained by general and undesignated offerings made during the Communion offering on the first Sunday of each month or other period when an offering is taken associated with a Communion service at Asbury United Methodist Church. Requests for assistance are held in confidence and administered by our Senior Pastor, Rev. Dr. Ianther Mills.



**ASBURY UNITED METHODIST CHURCH**  
**“TREE FOR THE FUTURE” CAMPAIGN**

**I’m blessed and proud to help write a new chapter for Asbury**

**Enclosed is my gift of: (Please circle)**

Bronze leaf - \$180      Silver leaf - \$380      Gold leaf - \$580  
Medium acorn - \$780    Medium rock - \$980    Large acorn - \$1836    Large rock - \$2016

**Wording (no more than 90 characters) – Please print.**

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**From:**

Name \_\_\_\_\_

Address \_\_\_\_\_

Contact information \_\_\_\_\_

**Please send acknowledgment to the following:**

Name \_\_\_\_\_

Address \_\_\_\_\_

Contact information \_\_\_\_\_

For further information, contact Martrice Green, 202-397-3451 or [martrice69@verizon.net](mailto:martrice69@verizon.net); or René Carter, 202-442-7928 or [JCarter@nea.org](mailto:JCarter@nea.org).

WDC DREAMS LLC  
PRESENTS  
THE LIVE PLAY OF  
**DANIEL**

Sight and Sound Theater  
On Friday, JULY 12, 2024



\$190.00 per adult  
\$140.00 per child 12 and under

This is a one-day trip to Strasburg, Pennsylvania which will include Deluxe Motorcoach, time for shopping at the Tanger Outlets, ticket to the show and buffet LUNCH BEFORE THE SHOW. \$95.00 will hold an adult seat and \$70.00 will hold a child seat which is due immediately. Final payment of \$95.00 and \$70.00 is due on Sunday, June 2, 2024. The deposit per person is non-refundable, if you are not able to attend, you must find your replacement. Please CONTACT MARGARET CARTER, on any Sunday or call 202-213-9146. Even though the credit union is closing, I will still be available there while this process takes place. Look forward to seeing each and every one of you in the place. Thanks!

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**Name(s)** \_\_\_\_\_

\_\_\_\_\_

**No. of tickets** \_\_\_\_\_ **Amount Paid** \_\_\_\_\_

**Amount due** \_\_\_\_\_ **Phone** \_\_\_\_\_

Email: \_\_\_\_\_



## United Women in Faith

### Thanks to our Asbury Family

**Women’s Day 2024** was a wonderful success. We are deeply grateful to our Asbury Family for supporting us with your prayers, presence, and financial contributions. Women’s Day is our primary fundraising effort, funds raised allow us to sponsor and support missions throughout the year.

Your generosity allows us to make a \$1000 contribution to the United Women in Faith Legacy Fund, in honor of the speaker for this year’s Women’s Day, Sally Vonner.

Thank you for helping Asbury’s United Women in Faith *connect spiritually, act boldly for justice and transform communities.*



#### THE UPPER ROOM — DAILY READING

**SUNDAY, MAY 5**  
JOEL 2:18-27

**MONDAY, MAY 6**  
2 PETER 3:14-18

**TUESDAY, MAY 7**  
LAMENTATIONS 3:22-24

**WEDNESDAY, MAY 8**  
EXODUS 16:1-18

**THURSDAY, MAY 9**  
2 KINGS 5:1-14

**FRIDAY, MAY 10**  
PSALM 139:1-12

**SATURDAY, MAY 11**  
2 TIMOTHY 3:14-17

#### GETTING AROUND

- ◆ There is an elevator in the Education Building that accesses all levels of the church—the sanctuary, the fellowship hall, and all the Sunday School rooms.
- ◆ Free parking is available Sundays in the garage adjacent to our 11th Street entrance. Pick up a parking pass from the 11th Street reception desk.
- ◆ Restrooms are on the lower level on either side of the narthex and on the 2nd and 3rd floors.

### Asbury United Methodist Church

Rev. Dr. Ianther M. Mills, Senior Pastor

Rev. Ryan Wise, Minister of Evangelism & Outreach

Tawana C. Jackson, Stephen Minister

Rev. Irene Pierce, Bereavement Minister

Bishop Forrest Stith, Retired Bishop in Residence

Valentine Davies & Monica McEaddy, Lay Leaders

Rev. Dr. Johnsie Cogman, District Superintendent

Bishop LaTrelle Miller Easterling, Episcopal Leader of the Baltimore-Washington Conference

Visit [asburymcdc.org](http://asburymcdc.org) for information about our ministries. Find us on Facebook and Twitter.

926 11th St., NW, Washington, DC 20001 ~ 202-628-0009 ~ [asburymail@asburymcdc.org](mailto:asburymail@asburymcdc.org)

**Monday-Thursday ~ 8:00 am-3:00 pm / Friday ~ 8:00 am-1:00 pm Teleworking (The Office is Closed)**