ASBURY UNITED METHODIST CHURCH
LOVING...SERVING...TRANSFORMING LIVES
SEPTEMBER 3, 2023 ~ 10:00 AM (IN-PERSON & ONLINE SERVICES)

Love Is the Way

MISSION STATEMENT

Love God and one another, serve our community, and transform lives.

VISION

A radically inclusive community, empowered to spread God’s love throughout the world.

BELIEFS

We believe all are created in the image of God. We believe God loves everyone and through Christ saves-revives-renews the world. We believe God through the Holy Spirit changes lives. We believe the church is the body of Christ with a mission. We believe the Bible is the word of God. We believe that God has gifted everyone and the church for the purposes of God. We believe discipleship is a continuing journey.
WELCOME & ANNOUNCEMENTS
Rev. Dr. Ianther Mills

INTROIT
Be Still and Know

GATHERING HYMN
All Hail the Power of Jesus’ Name (p. 6)

MORNING PRAYER
Rev. Ryan Wise

PRAYER RESPONSE
Must Jesus Bear the Cross Alone

CHILDREN’S MOMENT
Ruth Scarbrough

SCRIPTURE READING
Romans 12:9-21
Min. Tawana Jackson

SERMONIC SELECTION
Holy Ground
Josepha Hammond (soloist)

SERMON
“Love Is the Way”
Rev. Dr. Ianther Mills
Senior Pastor

INVITATION TO CHRISTIAN DISCIPLESHIP
Lord, I Want to be a Christian (p. 6)

HOLY COMMUNION
Rev. Dr. Ianther Mills & Rev. Clyde Nelson

COMMUNION HYMN
Let Us Break Bread Together (p. 7)

INVITATION TO GIVE
Min. Tawana Jackson

OFFERTORY
Certainly Lord
Marquita Raley-Cooper (soloist)

DOXOLOGY
Praise God from Whom All Blessings Flow

SENDING HYMN
Take Up Thy Cross (p. 7)

BENEDICTION
Rev. Dr. Ianther Mills

POSTLUDE
Lead Me, Guide Me
The Great Thanksgiving

The Lord be with you.
And also with you.
Lift up your hearts.
We lift them up to the Lord.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty (almighty God), creator of heaven and earth. You formed us in your image and breathed into us the breath of life. When we turned away, and our love failed, your love remained steadfast. You delivered us from captivity, made covenant to be our sovereign God, and spoke to us through your prophets, who looked for that day when justice shall roll down like waters and righteousness like an ever-flowing stream, when nation shall not lift up sword against nation, neither shall they learn war anymore. And so, with your people on earth and all the company of heaven, we praise your name and join their unending hymn:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Holy are you, and blessed is your Son Jesus Christ. Your Spirit anointed him to preach good news to the poor, to proclaim release to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, and to announce that the time had come when you would save your people. He healed the sick, fed the hungry, and ate with sinners. By the baptism of his suffering, death, and resurrection you gave birth to your Church, delivered us from slavery to sin and death, and made with us a new covenant by water and the Spirit. At his ascension you exalted him to sit and reign with you at your right hand.

(continued)
On the night in which he gave himself up for us, he took bread, gave thanks to you, broke the bread, gave it to his disciples, and said: "Take, eat; this is my body which is given for you. Do this in remembrance of me."

When the supper was over Jesus took the cup, gave thanks to you, gave it to the disciples, and said: "Drink from this, all of you; this is my blood of the new covenant, poured out for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and thanksgiving, as a holy and living sacrifice, in union with Christ's offering for us, as we proclaim the mystery of faith.

**Christ has died; Christ is risen; Christ will come again.**

Pour out your Holy Spirit on us gathered here, and on these gifts, that in the breaking of this bread and the drinking of this wine we may know the presence of the living Christ and be renewed as the body of Christ for the world, redeemed by Christ's blood.

As the grain and grapes, once dispersed in the fields, are now united on this table in bread and wine, so may we and all your people be gathered from every time and place into the unity of your eternal household and feast at your table for ever. Through Christ, with Christ, in Christ, in the unity of the Holy Spirit, all honor and glory is yours, almighty God, now and forever.

**Amen.**

**THE LORD’S PRAYER**

**GIVING THE BREAD AND CUP**

**Pastor:** Because there is one loaf, we, who are many, are one body, for we all partake of the one loaf. The bread which we break is a sharing in the body of Christ.

* (The pastor breaks the bread)*

The cup over which we give thanks is a sharing in the blood of Christ.

* (The pastor lifts the cup)*

The body and blood of Christ given for you.

**ALL:** *(All partake of the communion elements together while the Asbury Ensemble sings)*
Romans 12:9-21

Marks of the True Christian

9 Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honor. 10 Do not lag in zeal, be ardent in spirit, serve the Lord. 11 Rejoice in hope, be patient in suffering, persevere in prayer. 12 Contribute to the needs of the saints; extend hospitality to strangers.

14 Bless those who persecute you; bless and do not curse them. 15 Rejoice with those who rejoice, weep with those who weep. 16 Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. 17 Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. 18 If it is possible, so far as it depends on you, live peaceably with all. 19 Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, “Vengeance is mine, I will repay, says the Lord.” 20 No, “if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.” 21 Do not be overcome by evil, but overcome evil with good.
* All Hail the Power of Jesus’ Name *

**Verse 1**

All hail the power of Jesus' name!
Let angels prostrate fall.
Bring forth the royal diadem,
and crown him, crown him, crown him
Crown him. And crown him Lord of all.
Crown him. And crown him Lord of all.

**Verse 2**

Ye chosen seed of Israel's race
Ye ransomed from the fall,
Hail him who saves you by his grace,
and crown him, crown him, crown him
Crown him. And crown him Lord of all.
Crown him. And crown him Lord of all.

**Verse 3**

Let every kindred, every tribe
On this terrestrial ball,
To him all majesty ascribe,
and crown him, crown him, crown him
Crown him. And crown him Lord of all.
Crown him. And crown him Lord of all.

**Verse 4**

Oh, that with yonder sacred throng
We at his feet may fall!
We'll join the everlasting song
and crown him, crown him, crown him
Crown him. And crown him Lord of all.
Crown him. And crown him Lord of all.

* Lord, I Want to be a Christian *

**Verse 1**

Lord, I want to be a Christian
in my heart, in my heart.
Lord, I want to be a Christian in my heart.
In my heart, in my heart,
Lord, I want to be a Christian in my heart.

**Verse 2**

Lord, I want to be more loving
in my heart, in my heart.
Lord, I want to be more loving in my heart.
In my heart, in my heart,
Lord, I want to be more loving in my heart.

**Verse 3**

Lord, I want to be more holy
in my heart, in my heart.
Lord, I want to be more holy in my heart.
In my heart, in my heart,
Lord, I want to be more holy in my heart.

**Verse 4**

Lord, I want to be like Jesus
in my heart, in my heart.
Lord, I want to be like Jesus in my heart.
In my heart, in my heart,
Lord, I want to be like Jesus in my heart.
**HYMN**

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**Let Us Break Bread Together**

**Verse 1**
Let us break bread together on our knees.
Let us break bread together on our knees.

**Verse 3**
Let us praise God together on our knees.
Let us praise God together on our knees.

**Refrain**
When I fall on my knees with my face to the rising sun, O Lord have mercy on me.

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**Take Up Thy Cross**

**Verse 1**
Take up thy cross, the Savior said, "If thou wouldst my disciple be; Deny thyself, the world forsake, And humbly follow after me.

**Verse 4**
Take up thy cross, and follow Christ, Nor think till death to lay it down; For only those who bear the cross May hope to wear the glorious crown.
Mezzo-Soprano Marquita Raley is a native of Washington, DC. She has toured the US, Caribbean, Germany, Austria, and Italy. In 2004, she was a performer in the New York Philharmonic's production of Leonard Bernstein's Candide starring Sir Thomas Allen and Paul Groves. In 2005, Marquita was invited by the Bermudian Government to perform on their annual concert series honoring young singers in the arts. Other performances include recitals at Alice Tully Hall in New York City, the U.S Department of State in Washington, D.C., and in 2006 a Benefit Concert at the Dundas Centre in support of a Safe House for Women in Nassau Beach, Bahamas. In February 2007, Marquita gave her Carnegie Hall debut recital sponsored by the National Association of Negro Business and Professional Women's Clubs, INC and in November 2007, she was a finalist in The Marian Anderson Vocal Competition in Philadelphia, PA.

Ms. Raley has performed for such people as former President William Jefferson Clinton, poet, Maya Angelou, Opera singers Denyce Graves, William Stone, Matthew Polenzani, Marilyn Horne and Suzanne Mentzer; coaches Craig Rutenburg, and Maestro Stephen Lord. She has also been recognized as a major figure on the rise in the world of classical music by musician and composer H. Leslie Adams, and the late William Warfield.

Ms. Raley has performed the roles of Baba the Turk in The Rakes Progress, Dorabella in Cosi Fan Tutte both at the Chautauqua Institute, and Marcellina in Le Nozze di Figaro, 3rd Lady in Die Zauberflote, Anne in The Mother of Us All at the Juilliard School, at the Curtis Institute she performed the roles of Marcellina in Le Nozze di Figaro, Gianetta in L'elisir d'amore, Fountain voice in Ainadamar, Martha in Iolantha, Madame Flora (Baba) in The Medium, Madama Cortese in Il viaggio a Reims and was a featured performer in Wozzeck. In spring of 2007, Ms. Raley received her Bachelor's of Music from The Juilliard School, and in 2009 she received her Master's degree The Curtis Institute of Music.
JOSEPHA R. HAMMOND, lyric soprano, conductor, composer/arranger and choral clinician, is a native Washingtonian and a product of the District of Columbia Public School System and The University of The District of Columbia.

Her choral experience includes: Current Director of the Dupont Park Chancel Choir and Oratorio Society, Current Director of Music and Director of the Intergenerational Singers at Hughes Memorial United Methodist Church, Member of The Baltimore Community concert Choir, Former Minister of Music at the Dupont Park Seventh-day Adventist Church, Former Director of the Voices of Praize Ensemble at Plymouth Congregational Church Former Chief Artist in Residence of the La Bella Vocé Ensemble, former Soprano Section Leader and Assistant to the Director of the Howard University Rankin Memorial Chapel Choir, Soprano Section Leader/Choral Clinician of the John Wesley African Methodist Episcopal Church Cathedral Choir, former Music Teacher at the Dupont Park Adventist School and Junior Academy, former Director of the Children’s and Youth Choirs of Dupont Park Seventh-day Adventist Church, former Director of the Children’s Choir of the Zion Baptist Church, former Gospel Choir Director of the First Baptist Church of Georgetown, founder and former Director of the DC Youth Chorale Eboni Ensemble.

Her music administrative experience includes: Coordinator/Conductor of the Dupont Park SDA Church Oratorio Society’s Annual presentation of Handel’s Messiah, Administrative Assistant to the Executive Director of the DC Youth Chorale Program and Assistant Minister of Music at Dupont Park Seventh-day Adventist Church. Ms. Hammond is a soprano and has been featured as guest soloist at churches and special functions in and around the DC Metropolitan area, Atlanta, Florida, Mexico and the Bahamas. Her performance accomplishments include: soprano soloist in Schubert’s Mass In “G” and Mass in “A” Flat, soprano soloist and alto soloist in Handel’s Messiah. In June 2012, Ms. Hammond was the featured conductor of Schubert’s Mass in “G” at the St. Augustine Catholic Church Chorale’s Annual Concert.

Ms. Hammond is a former teacher at John Eager Howard Elementary School, Dupont Park Elementary/Mile School, and was on the staff at Duke Ellington School of the Arts for 18 years. She is a staunch supporter of children, youth and young adult activities. Along with motivating them to strive for high standards, she assists in providing them with venues to display their varied talents. She studied Musical Theater Arts with the late Grace Bradford and voice with Samuel Bonds, Nelda Ormond and the late Edward Jackson, Jr., who was also her music mentor and advisor. She shares lessons learned from him, with other teachers with her voice students, choirs and in her workshops. Her promise to the Lord is:

“Lord, I will do what You want me to do, wherever, whenever, however and with whomever You want me to fulfill this ministry with!” “ I AM COMPLETELY YOURS, LORD!!”
**From The Senior Pastor’s Desk**  
**September 2023**

**Word for the Month:** LOVE

**Scripture of the Month:** Luke 10:25-37

**Thought for the Month:**
As the descendant of slaves and the son of a civil rights activist, Bishop Michael Curry’s life illustrates massive changes in our times. Much of the world met Bishop Curry when he delivered his sermon on the redemptive power of love at the royal wedding of Prince Harry and Meghan Markle at Windsor Castle. In *Love Is the Way*, he expands on his message of hope in an inspirational road map for living the way of love, illuminated with moving lessons from his own life. Through the prism of his faith, ancestry, and personal journey, *Love Is the Way* shows us how America came this far and, more important, how to go a whole lot further.

The way of love is essential for addressing the seemingly insurmountable challenges facing the world today: poverty, racism, selfishness, deep ideological divisions, competing claims to speak for God. This book will lead readers to discover the gifts they need in order to live the way of love: deep reservoirs of hope and resilience, simple wisdom, the discipline of nonviolence, and unshakable regard for human dignity.

**Emphasis for the Month:** DISCIPLESHIP & SERVICE

**Pastor’s Book of the Month:** Love Is the Way by Bishop Michael Curry.

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**Asbury’s Week At-A-Glance**

**Sunday, September 3, 2023**
9:00 am—DC BID Community Outreach, Fellowship Hall
10:00 am — Worship Service (in-person and online via Livestream, Link), Dial In: 301-715-8592, Meeting ID: 957 1237 4572#, Passcode: 123456#

**Monday, September 4, 2023**
* Labor Day—Office Closed *
3:00 pm — Asburyan Deadline

**Tuesday, September 5, 2023**
11:00 am—Office Weekly Staff Meeting, via Zoom
7:00 pm—Nominations Meeting, via Zoom

**Wednesday, September 6, 2023**
12:00 pm—First of the Month Wednesday Prayer Line, via Zoom, Link, Meeting ID: 848 2504 7013, Passcode: 844763, Dial-In: 301-715-8592

**Thursday, September 7, 2023**
7:00 pm—Discovery Dream Meeting, via Zoom

**Friday, September 8, 2023**
10:00 am—Family Viewing, Celebration of Life for Robert Sharperson
11:00 am—Funeral Service, Celebration of Life for Robert Sharperson
12:00 pm—Repast, Celebration of Life for Robert Sharperson

**Saturday, September 9, 2023**
11:00 am—Special Choir Rehearsal, OSH
Parking Instructions

Monday—Friday

Asburyans and guests, on church business, should park in the parking garage and bring the printed parking ticket with them to be validated in the church office. Park on levels P2 or P3 and take the elevator to the "G" level to exit the building (to the left toward 11th Street). Drivers will scan the front of the ticket (invoice) and then scan the back (the payment). Push the call button if you have any issues and the Atlantic Garage Staff will assist you.

Saturday & Sunday

Parking is available on Saturday and Sunday until 4 pm (unless otherwise noted). Park on levels P2 or P3 and take the elevator to the "G" level to exit the building (to the left toward 11th Street). The church provides parking passes (half sheet paper passes) to use as you exit the garage.
JOIN US ONLINE

www.asburyumc.org
Click WATCH LIVESTREAM

www.youtube.com/c/AsburyUMCDCNewChannel

www.facebook.com/asburyumcdc/

Dial-In: (301) 715-8592
Meeting ID: 957 1237 4572#
Password: 123456#

WAYS TO GIVE

you can conveniently give this week in the following ways:

IN PERSON
use an envelope or write a check

ONLINE
visit our website www.asburyumc.org
Click GIVE button

TEXT
text "GIVE" to (202)952-9309

MAIL
send check to
Asbury UMC
926 11th St NW
Washington, DC 20001
Welcome!

However...
Please be mindful of others.

Self-monitor and refrain from attending in-person when:
1. You have had COVID within the last 10 days
2. You have been exposed to COVID within the last 10 days
3. You have cold or flu symptoms

Masks are optional

The Upper Room
Daily Devotional Guides
Are Available
For Sale
at the Usher’s desk
In the Narthex
Wednesday First of the Month
Prayer Meeting

ASBURY UNITED METHODIST CHURCH
PRESENTS
PRAYER & FASTING
WITH THE PRAYER MINISTRY @ 12 PM NOON ON ZOOM

PRAY ON THE FIRST WEDNESDAY OF EACH MONTH
(March 1, April 5, May 3, June 7, July 5, August 2, September 6, October 4, November 1, and December 6, 2023.)

Gun Violence - Domestic Violence
Economic Violence - Systemic Racism

www.AsburyUMCdc.org

May 3, 2023  Oct 4, 2023
Jun 7, 2023  Nov 1, 2023
Jul 5, 2023  Dec 6, 2023
Aug 2, 2023

Sep 6, 2023
CHURCH WOMEN UNITED
Agreed to Differ ♥ Resolved to Love ♥ United to Serve

Human Rights Day
Friday, September 8, 2023 @ 10 AM
Ryland Epworth United Methodist Church
3200 S Street SE
Washington, DC 20020
FREE Continental Breakfast & Registration!
11 am : Program

NOTE: This is our first In-Person celebration since the pandemic! Come out to fellowship with members and friends! Masking is optional.

Keynote Speaker

Rev. Deloris A. B. Prioleau,
Human Rights Awardee and Advocate for Seniors Rights

Living a Legacy of Love: Doing God's Work
“For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do”
Ephesians 2:10 (NIV)

Sponsored by Church Women United - DC Unit
Willa Kynard - President
RSVP by Sept. 1, 2023
Christine C. McDaniel: mmcchris@aol.com or 301- 420- 2540
Peggy Everheart: peverh@msn.com or 202-667-5410
**Golf Ministry**

To those Asburyans who are interested in being a part of the golf ministry, we would like to know the following as we organize the ministry:

1. Your level of golf skills: Never played want to learn ____, Beginner - have played a few times ____ Average golfer - score in 100+ ____ Scratch golfer - score in the 80s, 90s ____
2. Do you want to take golf lessons? Yes ____ or No ____
3. How often would you like to play (once a week ____ twice a week____)?
4. What day of the week are you available to play or take lessons (Mon.____, Wed.____, Fri.____)?
5. Do you own a set of clubs ____ or need to rent ____ or purchase ____?

Please call Ronald Anderson at (703) 346-0377 or send your information via email at redtexan.ra@gmail.com, or mail to 11402 Ft. Saratoga Court, Ft. Washington, MD 20744. We would like to meet after church services on the Second Sunday, **September 10, 2023**. Thank you.
187th HOMECOMING Celebration

SATURDAY
Sept 16 | 5:00 PM
The FAME Jazz Ensemble

SUNDAY
Sept 17 | 10:00 AM
PREACHING
Bishop Latrelle Easterling

ASBURY UNITED METHODIST CHURCH
926 11th Street NW | Washington, DC 20001

www.asburyumcdc.org
1. Asbury Hybrid Church creates both a digital and physical ministry for all persons to engage and connect with Jesus and to one another.

2. Asbury Hybrid Church is not constrained by the size of your building. We can connect in person and online.

3. Asbury Hybrid Church allows opportunities to minister and build relationships all week rather than on prescribed days and times.

4. Asbury Hybrid Church will extend the flexibility to have a meaningful presence where people are spending their time.

5. Asbury Hybrid Church will make people feel cared for and welcomed online and in person.

ESSENTIAL BENEFITS:
Highlighting success in relationship building through in person and online digital connections.

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The Charge Conference is the connecting link between the local church and the general Church and has general oversight of the Church Council. The primary responsibilities of the Charge Conference in the annual meeting is to review and evaluate the total mission and ministry of the church, receive reports, and adopt objectives and goals recommended by the Church Council that are in keeping with the objectives of The United Methodist Church. *To broaden participation, all churches in the Baltimore-Washington Conference will have a Church Conference which allows all church members to vote.*

Please send all reports to Timona Ross, Office Coordinator, **no later than Friday, September 22, 2023** so that she can compile the Church Conference Package.

Timona can be reached at asburymail@asburyumcdc.org or (202) 628-0009.

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**Sunday, September 24, 2023**

**The Play: “Sister Act”**

Toby’s Dinner Theater
Columbia, MD

Join the Asbury Federal Credit Union.

For more information please contact: afcu01@asburyumcdc.org
New Members
ORIENTATION

Saturday - Sep 23
10:00 - 11:30 a.m.

ZOOM LINK: https://zoom.us/join
MEETING ID: 889 3416 2330
PASSCODE: 696991

Facilitators:
Rev. Dr. lanther Mills
Robert Mallett
Valentine Davies
Monica McEaddy
Carol Travis
Tawana Jackson
ASBURY UNITED METHODIST CHURCH
Care and Concern List – September 1, 2023

When you care for others you are caring for Christ.

If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.

(2 Chronicles 7:14)

WASHINGTON, DC RESIDENCE

Northwest
♥ Sharon Banks
♥ Lisa Duperier

Northeast
♥ Selma Douglas
♥ Mary L. Johnston

WASHINGTON, DC NURSING HOMES, HOSPITALS & ASSISTED LIVING

♥ Timmie Bouknight, Serenity Rehabilitation & Health Center, 1380 Southern Ave., Rm 319B, SE, DC 20032
♥ Mildred Robinson, Forest Hills Assisted Living, 4901 Connecticut Ave., NW, Rm 212, Washington, DC 20008

MARYLAND RESIDENCE

♥ Lillian Langford
♥ Lina Reynolds

MARYLAND NURSING HOMES, HOSPITALS & ASSISTED LIVING

♥ Elisha Davies, Regency Rehab Center, 9101 Second Avenue, Silver Spring, MD 20910
♥ Olivia R. Harris, Asbury Methodist Village, Wilson Health Center, 201 Russell Avenue, Gaithersburg, MD 20877
♥ Lorraine Hightower, Independence Court of Hyattsville, 5821 Queens Chapel Road, Hyattsville, MD 20782
♥ Doris Swann, Loving Heart Assisted Living, 9301 Myrtle Avenue, Bowie, MD 20720
♥ Bernice Tillett, Arbor Terrace Senior Living, 9885 Greenbelt Road, #328, Greenbelt, MD 20706

NURSING HOMES, HOSPITALS & ASSISTED LIVING

♥ Maryland Ellison, 100 Asch Loop, Apt. # 22F, Bronx, New York 10475
♥ Dorothy West, 8804 South North Shore Drive, Apt. #230/232, Knoxville, TN 37923
HELP!!!!

A message from the Membership Assimilation and Records Committee (MARC)
DO YOU KNOW HOW TO CONTACT THE ASBURY MEMBERS LISTED BELOW?

September 2023

If, yes please use the address change cards located outside the Church Office to provide (an Address, Telephone Number, or Email Address) and deposit it in the box OR contact Sandra Ware at Sandyk4755@yahoo.com. THANK YOU!

Carla Bradford, Terrance Bradford, Dawn Curtis, Nicholas Harris, Darien Long, Lauren McNeil, Mariam Moosa, Maria Porter, Phyllis Thompson

THE NEHEMIAH FUND

Thank you for your contributions to The Nehemiah Fund of Asbury United Methodist Church. The Nehemiah Fund provides emergency financial assistance to members of Asbury United Methodist Church and their immediate families who temporarily need help in meeting housing, nutritional, medical, security, or other essentials of daily living. In rare cases, the Fund may be accessed for burial assistance for members of Asbury United Methodist Church. The Fund may also be used to support needs of members of the community at large. The Fund is maintained by general and undesignated offerings made during the Communion offering on the first Sunday of each month or other period when an offering is taken associated with a Communion service at Asbury United Methodist Church. Requests for assistance are held in confidence and administered by our Senior Pastor, Rev. Dr. Ianther Mills.
Asbury United Methodist Church
Health Ministry Newsletter September 2023
COVID, FLU, and RSV Vaccines Arriving for Respiratory Virus Season: Be Prepared!
By: Dr. Clive O. Callender

1. We will by late September have available a new arsenal of Vaccines to lessen the impact of the Fall Respiratory Flu Season.
2. All three new Vaccines will be available by late September: (1) Our annual Flu Shot; (2) An updated COVID Booster and (3) A Vaccine against Respiratory Syncytial Virus (RSU).
3. Insurance will be necessary for the Coronavirus Booster shot which will be available in September but will only be free for the Uninsured in October.
4. The updated COVID Booster designed for the XBB lineage of the Coronavirus marks the first time that the COVID Booster is considered an annual vaccination.
5. The new COVID Booster targets not only the XBB subvariant of Omicron but also the new subvariant EG.5.
6. The timing of the Booster should be taken no sooner than 90 days from the time of your last COVID Booster.
7. All age groups are recommended to get this updated COVID Booster once a year.
8. The Federal Government will not be providing COVID shots to be free for the uninsured until Mid-October. The shots for the insured will be free as soon as the COVID Booster is approved by the Federal Drug Administration (FDA).
9. Because COVID-related hospitalizations are increasing (up 12.5% according to the Centers for Disease Control and Prevention (CDC)). Those who had their last COVID Booster shot longer than 6 months ago are recommended to get Booster shots now!
10. Everyone is recommended to get their annual vaccination for all 3 shots (separately). COVID, Flu, and RSV before November 2023.
11. An ounce of prevention is worth a pound of cure; these vaccinations are intended to prevent hospitalizations and deaths from those deadly Respiratory Viruses.
“Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.”

Matthew 28:19-20